

# NESCEL M. YGOT, LPT

Brgy. Igang Baybay City, Leyte 6521 Philippines

0907-597-5297

[nescelmorataygot@gmail.com](mailto:nescelmorataygot@gmail.com)

## PROFILE

A dedicated and self-starting individual with a background in organizing different activities and an eagerness to learn more, skills, and experience-wise. Possesses a highly professional approach, outstanding communication skills, and keen attention to safety and detail. Offers an important ability to work and perform well independently or in a team.

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## EDUCATION

September 2020 – August 2024

**Visayas State University-Main Campus (Baybay City, Leyte)**  
**Bachelor of Culture and Arts Education**  
College of Teacher Education | Institute of Human Kinetics

June 2018 – March 2020

**Baybay City Senior High School**  
**Humanities and Social Sciences (HUMSS)**  
With Honors  
Baybay City, Leyte

June 2014 – March 2018

**Baybay National High School**  
Science, Technology, Engineering and Mathematics (STEM)  
With Honors  
Baybay City, Leyte

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## PROFESSIONAL EXPOSURE

June – August 2025

**Baybay City Senior High School**  
**KALAHI-DSWD CIDDS Program**  
**Baybay City, Leyte**

### Office Staff

- Greeting visitors and providing a professional, welcoming environment.
- Directing inquiries and visitors to the appropriate departments or staff members.
- Maintaining office supplies and ensuring the workspace is organized.
- Operating standard office equipment such as printers, photocopiers, and computers.

December 2023 – December 2024

**Acadsoc**  
**Remote Job (Work from home)**

### ESL Teacher

- Sensitivity to cultural differences, open-mindedness, and empathy when teaching diverse students.



- Ability to manage student behavior, create a positive learning environment, and handle diverse learning needs.
- Proficiency with computer-based educational software and online learning platforms.
- Providing constructive feedback on student progress and offering targeted support for improvement.

February – May 2024

**Baybay National High School  
Baybay City, Leyte**

**Student Teacher**

- Assessed student progress through formative and summative assessments.
- Provided guidance and assistance to students in addressing academic, social, and emotional needs.
- Developed positive relationships with parents and guardians to ensure students' academic success.
- Kept classroom clean, organized, and safe for students and visitors.

July – August 2023

**Baybay City Tourism Office  
Baybay City, Leyte**

**Apprentice**

- Creating promotional materials and events.
- Managing and maintaining tourism-related information and resources
- Developing and implementing tourism marketing campaigns.

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**PAPER PRESENTATIONS**

December 18, 2023

**Untangling Ribbons: Exploring Roger Pernites' Artistic Expression and Motif**

This study explores Roger Pernites' artistic expression and motif in his different art works. It scopes limits on how ribbons connect in his every piece of artwork.

May 2024

**Enhancing Students' Time Management using Promodoro Technique**

This study aims to help students with their time management both in school and at home using Promodoro Technique.

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**RECOGNITIONS AND AWARDS**

July 13, 2025  
May 2024  
February 2024  
December 2020

- **NCII Holder (Agro-entrepreneurship)**
- **Most Kinesthetic Student-teacher Awardee**
- **Best Choreographer (BNHS Foundation Day)**
- **Best Oral Presenter**
- **Best Action Research Paper**



May 23, 2025

- **Passed the Licensure Examination for Professional Teachers (LEPT)**

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## SKILLS

- Excellent and effective writing and communication skills.
- Effectively manage an environment to foster a positive and productive atmosphere
- Established strong connection to colleagues' interaction
- Computer Savvy
- Open to new ideas and willing to learn new ways of doing things

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## REFERENCES

### **Renee Calamba**

MAPEH Department Head  
Baybay National High  
School

### **Andrew A. Mazo**

IHK Director  
Institute of Human Kinetics  
Visayas State University

### **Kevin Sumayang**

Professor/Adviser  
Institute of Human Kinetics  
Visayas State University

\*Contact numbers are available upon request