



**TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY**  
NATIONAL INSTITUTE FOR TECHNICAL EDUCATION AND SKILLS DEVELOPMENT (NITESD)  
EAST SERVICE ROAD, SOUTH LUZON EXPRESSWAY (SLEX), FORT BONIFACIO, TAGUIG CITY

## **CERTIFICATE OF COMPLETION**

THIS IS TO CERTIFY THAT

**ELENITA MAE DADOR FERNANDEZ**

HAS COMPLETED THE COURSE

**Participating in Workplace Communication**

ON July 7, 2025

This is a computer generated certificate,  
it is valid even without a signature.

For verification purposes, contact:  
eTESDA Division  
[tesdaonlineprogram@tesda.gov.ph](mailto:tesdaonlineprogram@tesda.gov.ph) (02) 8893 - 8297



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**TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY**  
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EAST SERVICE ROAD, SOUTH LUZON EXPRESSWAY (SLEX), FORT BONIFACIO, TAGUIG CITY

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## **CERTIFICATE OF COMPLETION**

THIS IS TO CERTIFY THAT

**ELENITA MAE DADOR FERNANDEZ**

HAS COMPLETED THE COURSE

**Receiving and Responding to Workplace  
Communication**

ON July 3, 2025

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**TECHNICAL EDUCATION AND SKILLS DEVELOPMENT AUTHORITY**  
NATIONAL INSTITUTE FOR TECHNICAL EDUCATION AND SKILLS DEVELOPMENT (NITESD)  
EAST SERVICE ROAD, SOUTH LUZON EXPRESSWAY (SLEX), FORT BONIFACIO, TAGUIG CITY

## **CERTIFICATE OF COMPLETION**

THIS IS TO CERTIFY THAT

**ELENITA MAE DADOR FERNANDEZ**

HAS COMPLETED THE COURSE

**Using Educational Technology in the English  
Language Classroom**

ON July 2, 2025

This is a computer generated certificate,  
it is valid even without a signature.

For verification purposes, contact:  
eTESDA Division  
[tesdaonlineprogram@tesda.gov.ph](mailto:tesdaonlineprogram@tesda.gov.ph) (02) 8893 - 8297



CdhUmeQpAB



**LITERACY PAL**

**LOUVRE TUTORIAL CENTER**

2/F Uptown Plaza Commercial Complex R. Magsaysay Avenue, Baybay City, Leyte

# **CERTIFICATE OF RECOGNITION**

This certificate is hereby presented to

*Elenita Mae D. Fernandez*

for her invaluable contribution as resource speaker during  
the conduct of the one-day Reading Seminar-Workshop  
on July 10, 2023 at Literacy Pal Tutorial Center.

*Sheena Mae P. Lubrio*

**SHEENA MAE P. LUBRIO**  
Center Manager

Visayas State University Graduate Students' Society (VSUGSS)  
and the Graduate School

**CERTIFICATE OF COMPLETION**

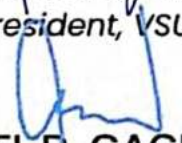
is presented to

*Elenita Mae D. Fernandez*

For the active participation during the **Training Workshop on Preparing Manuscripts for Publication** held on March 29 – 31, 2023 at the Eco-FARMI Training Hall, Visayas State University, City of Baybay, Leyte, Philippines.

Given this 31<sup>st</sup> day of March, 2023.

  
**ROCHELE N. ARAGON**  
President, VSUGSS

  
**MANUEL D. GACUTAN, PhD**  
Adviser, VSUGSS

  
**ANABELLA B. TULIN, PhD**  
Dean, Graduate School

  
**CHRISTY M. DESADES, PhD**  
Adviser, VSUGSS



Adarna House




## CERTIFICATE OF ATTENDANCE

This is to certify that

**Elenita Mae Dador Fernandez**

attended the **Eager Reader Webinar: Learning through Play**  
organized by Adarna Group Foundation, Inc. and Adarna House, Inc. on October 29, 2022.  
Accreditation number **PTR-2019-308-2109** with **2** CPD units.



*Emelina S. Almario*

**Emelina S. Almario**

President

Adarna Group Foundation, Inc.



# CERTIFICATE

OF

## CONTINUING PROFESSIONAL DEVELOPMENT

The CPD Certification Service  
certifies that

**Elenita Mae Dador Fernandez**

the above named has participated  
in the following CPD activity

**Special Educational Needs**

CPD Provider Organisation

**International Open Academy**

An initiative to increase standards of CPD  
provision to professionals in relevant market  
sectors

Date of CPD Activity: July 2021

No. CPD Hours / Points: 50

**CPD**  
**CERTIFIED**  
The CPD Certification  
Service

The Coach House, Ealing Green, London W5 5ER  
Email: [info@cpduk.co.uk](mailto:info@cpduk.co.uk) Web: [www.cpduk.co.uk](http://www.cpduk.co.uk)  
Tel: 020 8840 4383 Fax: 020 8579 3991



International Council for Online Educational Standards

Awards this Certificate to

**Elenita Mae Dador Fernandez**

for the successful completion of the

Special Educational Needs

course with International Open Academy

Grade : Merit  
Date Of Completion: July 2021  
Certificate Number : 100-277441

Dr. J. Garau Ph.D, MA, BA  
Secretary  
ICOES Advisory Board





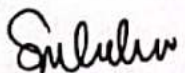
Louvre Tutorial Center (Literacy Pal)  
Zone 23, 30 de Diciembre St. Baybay City, Leyte


*Certificate of Participation*  
is awarded to

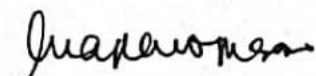
**ELENITA MAE FERNANDEZ**

for her active participation during the Reading Seminar-Workshop held at Literacy Pal  
Tutorial Center, Baybay City, Leyte on April 12, 2021.

Given this 12<sup>th</sup> day of April 2021 at Literacy Pal Tutorial Center.

  
**SHEENA MAE P. LUBRIO**  
Center Manager

  
**MARIEL G. SACRO**  
Head Tutor

  
**NONITA PASANA**  
Center Owner

# CERTIFICATE OF PARTICIPATION

This certificate is awarded to

**Elenita Mae Fernandez**

For attending the Workshop on  
**Addressing Behavioural Challenges in Children with Special  
Needs**

**8-7-2021**

DATE



Ms. Tejashree Gambhir  
Program Speaker



**Eblity**

# Internet in the Digital Age Exposure, Reading Habits, and Metacognitive Awareness of Reading Strategies

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**Abstract**— This study delved into the internet in the digital age exposure, reading habits, and metacognitive awareness of reading strategies of the fifty (50) graduating Bachelor of Arts in English Language (AB-EL) students at the Visayas State University (VSU). Data were gathered using a survey questionnaire on the internet in the digital age exposure and reading habits adopted from Chauhan and Lal (2012), and another survey questionnaire adopted from Mokhtari and Reichard (2002) on the Metacognitive Awareness of Reading Strategies Investigation (MARSII). This study used a descriptive survey research design. Data were analyzed using descriptive statistics. To determine relationships among variables, the Pearson chi-square method was used. Results showed that the reading habits of the students had shifted from paper-based reading to internet-based reading as students read online information than in newspapers. Results further showed that students' other online activities included looking at photos and chatting with friends which could also serve as factors in developing their reading habits. Facebook as the content usually clicked by the respondents was considered a tool for educational purposes that helped them access online information and news in the digital format. Reading materials related to the habits and interests of the students served as motivating factors in developing their reading habits. Moreover, there is a significant relationship between the contents usually clicked by the students when online and their techniques to develop their reading habits. This implies that the development of technology along with the internet in the digital age exposure helped develop the reading habits of the respondents. Thus, the study suggests that respondents make use of the application in the internet digital format to enhance their reading habits. On the other hand, among the respondents' metacognitive awareness of reading strategies, 66% of them got "high" score, 14% got "extremely high" score, 18% got "moderate", and only 2% got "extremely low" score. This implies that majority of the respondents were highly exposed to the different metacognitive reading strategies. Findings also revealed that among the 22 strategies indicated, the respondents "usually" and "sometimes" do these strategies. This means that the metacognitive reading strategies helped them evaluate and comprehend the text easily. Since majority of the students had a high percentage of the metacognitive awareness of the reading strategies, this study suggests that they continue to make use of these reading strategies for easier comprehension and foster knowledge acquisition toward reading proficiency. It is also advisable to come up with more reading strategies for smooth learning such as familiarization, memorization, and reading comprehension to improve one's level of intelligence.

**Keywords**— Internet, digital age, exposure, reading habits, metacognitive awareness, reading strategies.

## I. INTRODUCTION

The internet has changed the world in an incalculable number of ways (Verma and Malviya, 2009). It has changed the way people communicate, the way business is done, and the way information is shared and received. The internet has also had a great effect on people's reading habits, as it has changed the way people expect to receive both information and entertainment. Younger generations have grown up with computers (Franklin and Plum, 2006). Digital resources are more frequently used by younger readers than older ones. It is believed that digital resources decrease the quality and rigor of research literature searches. According to Palani (2012), reading habit is an essential aspect for creating a literate society in this world. It shapes the personality of individuals and it helps them to develop proper thinking methods and creates new ideas. However, the developments in the mass media had continued to influence interest in reading hard copy of literatures such as books, magazines, and journals, among others. Meanwhile, metacognition is often referred to as "thinking about thinking" (Jaleel and Premachandran, 2016). Metacognition is a regulatory system that helps a person understand and control his or her own cognitive performance. Metacognition allows people to take charge of their own learning (Hacker, 2009). Sometimes people use the phrase 'going meta' when talking about metacognition, referring to

the process of stepping back to see what one is doing, as if he or she were someone else observing it. 'Going meta' means becoming an audience of one's own performance, in this case, one's own intellectual performance. Metacognition involves awareness of how they learn, evaluation of their learning needs, generating strategies to meet these needs, and then implementing the strategies. Because only few studies explored on the students' current reading habits as they are exposed in this internet digital age as well as assist the understanding of the students' reading problems, it is important to investigate their internet in the digital age exposure, reading habits, and metacognitive awareness of reading strategies.

### Objectives of the Study

Generally, this study aimed to know the graduating AB-EL students' internet in the digital age exposure, reading habits, and metacognitive awareness of reading strategies. Specifically, the study aimed to:

1. Determine the respondents' reading habits;
2. Survey the respondents' use of the internet and other alternative multimedia resources in reading habits;
3. Determine the respondents' other online activities;
4. Determine the content the respondents usually click when online;

# Certificate of Publication



This Certificate is Presented to

**Annie A. Parmis, Ana Marquiza M. Quilicot, Elenita Mae D. Fernandez and Karisse Nikka B. Solano**

In Recognition of Publication of a Book Titled

**Language and Science: Study Guide**

with Services for Science and Education - United Kingdom

A handwritten signature in blue ink, appearing to read 'Dr. E. M. James'.

Dr. Edward M. James  
Editor-in-Chief



Services for Science & Education  
United Kingdom