

JON KARLOU M. BENITEZ, RCh.

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CAREER OBJECTIVE

I strive to apply my practical experience, strong interpersonal skills, and enthusiasm for making meaningful contributions to a reputable institution/company in my chosen profession. Additionally, I am seeking a dynamic and professional work environment that allows me to leverage my college education and past work and life experiences, enabling personal growth and advancement within my role.

PERSONAL INFORMATION

Gender	:	Male
Age	:	26
Date of Birth	:	September 19, 1998
Place of Birth	:	Baybay City, Leyte
Civil Status	:	Single
Citizenship	:	Filipino
Religion	:	Roman Catholic

EDUCATIONAL BACKGROUND

Tertiary: Bachelor of Science in Chemistry in Visayas State University
S.Y. 2014-2018

Secondary: Visayas State University Laboratory High School S.Y. 2010-2014

Primary: Kilim Elementary School S.Y. 2004 – 2010

JOB QUALIFICATIONS/ SKILLS

Proficient in analytical laboratory skills
Fast paced and focused in work
Proficient in working with MS Office
Able to work well with minimal supervision
Have high standards of cleanliness and the ability to adhere to strict hygiene rule
Work well within groups and independently
Excellent attention to details
Flexible and highly adaptable

JOB EXPERIENCES

On-the-Job Trainee as a requirement of Summer Practical Training Program of Department of Science and Technology

Bureau of Fisheries and Aquatic Protection Region VII, Cebu City. June 19, 2017-July 25, 2017.

Laboratory Chemist

F.A.S.T. Laboratories – Cebu Branch. May 15, 2019 to June 1, 2020

Special Science Teacher I

Department of Education Region VIII, Schools Division of Baybay City, Baybay City Senior High School, Baybay City, Leyte.
August 3, 2020 to July 31, 2023

Laboratory Analyst – Stationary

SGS Philippines, Inc., Cagayan de Oro City, Misamis Oriental
August 14, 2023 – April 18, 2025

SEMINARS, WORKSHOPS & TRAININGS ATTENDED

International Undergraduate Research Symposium (IURS)

CCE building. Sponsored by USSO – May 14-16, 2016.

Lecture-Demonstration on Atomic Absorption Spectroscopy (AAS) and High-Performance Liquid Chromatography (HPLC) by Shimadzu Philippines Corporation

DoPAC Conference Room, Visayas State University. October 2016.

Department of Science and Technology Patriot Activity.

Visayas State University RDE Bldg. April 20-23, 2017.

Seminar on Gas Chromatography-Mass Spectrometry and Introduction to NMR (Nuclear Magnetic Resonance)

DoPAC Conference Room. May 4, 2017.

Summer Practical Training Program (OJT) by Department of Science and Technology

Bureau of Fisheries and Aquatic Protection Region VII, Cebu City. June 19, 2017-July 25, 2017.

Educational Tour in Cebu City

Coca-Cola FEMSA, Petronas Energy Inc., Apo Cement Corporation, Profood International Corporation, Pilipinas Water Resources Inc., and University of San Carlos-Chemistry Department. April 19-20, 2018.

CAS Job Seeking Seminar

Conducted by the College of Arts and Sciences on May 28, 2018 at AC-209 DoPAC building.

2018 DOST Exit Conference

Conducted by the Department of Science and Technology Region VIII on May 30, 2018 at Summit Hotel, Tacloban City.

ACCREDITED SAFETY DISPENSER OF FERTILIZERS AND PESTICIDES TRAINING COURSE

Conducted by the Department of Agriculture, Fertilizers and Pesticides Authority from March 13, 2019 to March 14, 2019 at Sogod, Southern Leyte.

CAPABILITY BUILDING FOR TEACHERS ON MODULAR DISTANCE LEARNING

Schools Division of Baybay City on August 5, 2020 at Baybay City, Leyte

ORIENTATION-SEMINAR FOR NEWLY-HIRED TEACHERS OF DEPED BAYBAY CITY DIVISION

Schools Division of Baybay City from August 19, 2020 to August 20, 2020 at Baybay City, Leyte

CAPABILITY BUILDING ON TEACHING PEDAGOGIES TO SECOND COURSER TEACHERS OF DEPED BAYBAY CITY DIVISION

Schools Division of Baybay City from September 23, 2020 to September 25, 2020 at Baybay City, Leyte

IN-SERVICE TRAINING ON THE "ENHANCEMENT OF TEACHER-MADE BUDGET OF LESSON FOR QUARTER 2"

Baybay City Senior High School from December 16, 2020 to December 18, 2020 at Baybay City, Leyte

MIDYEAR ON-SERVICE TRAINING FOR TEACHERS 2021

Baybay City Senior High School from March 15, 2021 to March 19, 2021 at Baybay City, Leyte

TRAINING-WORKSHOP ON CAREER GOAL SETTING FOR TEACHER PROFESSIONAL DEVELOPMENT

Baybay City Senior High School from July 26, 2021 to July 28, 2021 at Baybay City, Leyte

35th PHILIPPINE CHEMISTRY CONGRESS

Conducted online via Whova from September 20, 2021 to September 24, 2021

TRAINING-WORKSHOP ON STRAND 1.5: STRATEGIES TO DEVELOP CRITICAL AND CREATIVE THINKING

Baybay City Senior High School from February 2, 2022 to February 4, 2022 at Baybay City, Leyte

Integrated Chemists of the Philippines CHEMWEEK 2022: CHEMISTRY AS THE CENTRAL SCIENCE

Conducted online via Zoom from February 14, 2022 to February 15, 2022

SCHOOL-BASED ROLL OUT ON VALUES RESTORATION PROGRAM

Baybay City Senior High School from February 24, 2022 at Baybay City, Leyte

DIVISION SCIENCE, TECHNOLOGY, AND MATHEMATICS FAIR 2022

Schools Division of Baybay City from June 8, 2022 to June 9, 2022 at Baybay I Central School

6th INTERNATIONAL RESEARCH CONFERENCE ON PHILIPPINES AND ASIAN STUDIES

Conducted by De la Salle University and Silliman University from June 1, 2023 to June 2, 2023 at Silliman University, Dumaguete City, Philippines

BASIC OCCUPATIONAL SAFETY AND HEALTH (BOSH) TRAINING (40-hour online training course)

ONLINE TRAINING BY TRAINOVATE THROUGH ZOOM from October 2-6, 2023

BASIC LIFE SUPPORT ADULT CPR for LAY RESCUERS AND OCCUPATIONAL FIRST AID TRAINING

Conducted by PHILIPPINE RED CROSS MISAMIS ORIENTAL - CDO CHAPTER, CAGAYAN DE ORO CITY from October 26-28, 2023

INTEGRATED MANAGEMENT SYSTEMS AWARENESS TRAINING

ONLINE TRAINING BY SGS PHILIPPINES, INC. THROUGH MS TEAMS on January 26, 2024

NON-CONFORMITY MANAGEMENT TRAINING

ONLINE TRAINING BY SGS PHILIPPINES, INC. THROUGH MS TEAMS on May 9, 2024

RESEARCH

Published:

Benitez M. M. and **J. K. M. Benitez** 2016. Potential postharvest botanical extract on bacterial soft rot of cabbage. Asia-Pacific Journal of Food Safety and Security, ISSN 2422-9555 Volume 2, Issue 2.

Unpublished:

Benitez, J. K. M. 2018. Phytochemical screening and free radical scavenging activity of bitter leaf (*Vernonia amygdalina*) extracts.

ORGANIZATIONAL AFFILIATIONS

Scholar of the Department of Science and Technology Junior Level Science Scholarships, 2016-2018

Peace Information Officer of the VSU Chemical Society, 2016-2017

Member of the Integrated Chemists of the Philippines, 2018-Present

CHARACTER REFERENCES

ROSEMARIE MILANO, RCh.

Laboratory Supervisor

F.A.S.T. Laboratories Cebu Branch, Mandaue City, Cebu

NOEL V. MOSCATILES, MT-II

STEM Department Head

Baybay City Senior High School

Schools Division of Baybay City

BERNADETTE D. CATANDUANES

Field Laboratory Analyst

SGS Philippines, Inc.

Cagayan de Oro City, Misamis Oriental