

PERSONAL DATA SHEET

WARNING: Any misrepresentation made in the Personal Data Sheet and the Work Experience Sheet shall cause the filing of administrative/criminal case/s against the person concerned.
READ THE ATTACHED GUIDE TO FILLING OUT THE PERSONAL DATA SHEET (PDS) BEFORE ACCOMPLISHING THE PDS FORM.

Print legibly. Tick appropriate boxes (☐) and use separate sheet if necessary. Indicate N/A if not applicable. **DO NOT ABBREVIATE.** 1. CS ID No. (Do not fill up. For CSC use only)

I. PERSONAL INFORMATION

2. SURNAME	MILALLOS		
FIRST NAME	MARK GILBERT		NAME EXTENSION (JR., SR) N/A
MIDDLE NAME	SINSUAN		
3. DATE OF BIRTH (mm/dd/yyyy)	10/02/90	16. CITIZENSHIP If holder of dual citizenship, please indicate the details.	<input checked="" type="checkbox"/> Filipino <input type="checkbox"/> Dual Citizenship <input checked="" type="checkbox"/> by birth <input type="checkbox"/> by naturalization Pls. indicate country:
4. PLACE OF BIRTH	CAGAYAN DE ORO CITY		
5. SEX	<input checked="" type="checkbox"/> Male <input type="checkbox"/> Female		
6 CIVIL STATUS	<input checked="" type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Other/s:	17. RESIDENTIAL ADDRESS ZIP CODE	THE SEVEN ARCANGELS PENSION HOUSE House/Block/Lot No. UYTENGSU EXT. Street SAMBAG II Subdivision/Village Barangay CEBU CITY CEBU City/Municipality Province
7. HEIGHT (m)	1.68		
8. WEIGHT (kg)	120		
9. BLOOD TYPE	AB "+"		
10. GSIS ID NO.	2005811622		
11. PAG-IBIG ID NO.	121026862816	18. PERMANENT ADDRESS ZIP CODE	B7 L2 House/Block/Lot No. Street VILLA THERESA HEIGHTS SUBD. SAN ISIDRO Subdivision/Village Barangay ORMOC CITY LEYTE City/Municipality Province
12. PHILHEALTH NO.	120509191390		
13. SSS NO.	0630550331		
14. TIN NO.	293703317	19. TELEPHONE NO.	N/A
		20. MOBILE NO.	09275646200
15. AGENCY EMPLOYEE NO.	N/A	21. E-MAIL ADDRESS (if any)	markmilallos@outlook.com

II. FAMILY BACKGROUND

22. SPOUSE'S SURNAME	N/A		23. NAME of CHILDREN (Write full name and list all)	DATE OF BIRTH (mm/dd/yyyy)
FIRST NAME	N/A	NAME EXTENSION (JR., SR) N/A	N/A	N/A
MIDDLE NAME	N/A			
OCCUPATION				
EMPLOYER/BUSINESS NAME				
BUSINESS ADDRESS				
TELEPHONE NO.				
24. FATHER'S SURNAME	MILALLOS			
FIRST NAME	GILBERT	NAME EXTENSION (JR., SR) N/A		
MIDDLE NAME	COQUILLA			
25. MOTHER'S MAIDEN NAME				
SURNAME	SINSUAN			
FIRST NAME	MARIA ELIZELDA			
MIDDLE NAME	ARTACHO		(Continue on separate sheet if necessary)	

III. EDUCATIONAL BACKGROUND

26. LEVEL	NAME OF SCHOOL (Write in full)	BASIC EDUCATION/DEGREE/COURSE (Write in full)	PERIOD OF ATTENDANCE		HIGHEST LEVEL/ UNITS EARNED (if not graduated)	YEAR GRADUATED	SCHOLARSHIP/ ACADEMIC HONORS RECEIVED
			From	To			
ELEMENTARY	ORMOC CITY CENTRAL SPED CENTER	GRADE SCHOOL	1995	2001	N/A	2001	N/A
SECONDARY	NEW ORMOC CITY NATIONAL HIGH SCHOOL	HIGH SCHOOL	2002	2006	N/A	2006	N/A
VOCATIONAL / TRADE COURSE	N/A						
COLLEGE	CEBU TECHNOLOGICAL UNIVERSITY	DIPLOMA IN PROFESSIONAL EDUCATION	2013	2014	N/A	2014	N/A
GRADUATE STUDIES	CEBU NORMAL UNIVERSITY	DOCTOR OF SCIENCE IN NURSING	2019	PRESENT	54 UNITS	N/A	N/A

(Continue on separate sheet if necessary)

SIGNATURE		DATE	July 18, 2024
-----------	--	------	---------------

PERSONAL DATA SHEET

WARNING: Any misrepresentation made in the Personal Data Sheet and the Work Experience Sheet shall cause the filing of administrative/criminal case/s against the person concerned.

READ THE ATTACHED GUIDE TO FILLING OUT THE PERSONAL DATA SHEET (PDS) BEFORE ACCOMPLISHING THE PDS FORM.

Print legibly. Tick appropriate boxes ☐) and use separate sheet if necessary. Indicate N/A if not applicable. **DO NOT ABBREVIATE.** 1. CS ID No. (Do not fill up. For CSC use only)

I. PERSONAL INFORMATION

2. SURNAME	MILALLOS		
FIRST NAME	MARK GILBERT		NAME EXTENSION (JR., SR) N/A
MIDDLE NAME	SINSUAN		
3. DATE OF BIRTH (mm/dd/yyyy)		16. CITIZENSHIP If holder of dual citizenship, please indicate the details.	<input checked="" type="checkbox"/> Filipino <input type="checkbox"/> Dual Citizenship <input type="checkbox"/> by birth <input type="checkbox"/> by naturalization Pls. indicate country:
4. PLACE OF BIRTH			
5. SEX	<input type="checkbox"/> Male <input type="checkbox"/> Female		
6 CIVIL STATUS	<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Widowed <input type="checkbox"/> Separated <input type="checkbox"/> Other/s:	17. RESIDENTIAL ADDRESS ZIP CODE	House/Block/Lot No. Street
7. HEIGHT (m)			Subdivision/Village Barangay
8. WEIGHT (kg)			City/Municipality Province
9. BLOOD TYPE			6000
10. GSIS ID NO.			
11. PAG-IBIG ID NO.		18. PERMANENT ADDRESS ZIP CODE	House/Block/Lot No. Street
12. PHILHEALTH NO.			Subdivision/Village Barangay
13. SSS NO.			City/Municipality Province
14. TIN NO.		19. TELEPHONE NO.	
15. AGENCY EMPLOYEE NO.		20. MOBILE NO.	
		21. E-MAIL ADDRESS (if any)	

II. FAMILY BACKGROUND

22. SPOUSE'S SURNAME			23. NAME of CHILDREN (Write full name and list all)	DATE OF BIRTH (mm/dd/yyyy)
FIRST NAME		NAME EXTENSION (JR., SR) N/A		
MIDDLE NAME				
OCCUPATION				
EMPLOYER/BUSINESS NAME				
BUSINESS ADDRESS				
TELEPHONE NO.				
24. FATHER'S SURNAME				
FIRST NAME		NAME EXTENSION (JR., SR) N/A		
MIDDLE NAME				
25. MOTHER'S MAIDEN NAME				
SURNAME				
FIRST NAME				
MIDDLE NAME			(Continue on separate sheet if necessary)	

III. EDUCATIONAL BACKGROUND

26. LEVEL	NAME OF SCHOOL (Write in full)	BASIC EDUCATION/DEGREE/COURSE (Write in full)	PERIOD OF ATTENDANCE		HIGHEST LEVEL/ UNITS EARNED (if not graduated)	YEAR GRADUATED	SCHOLARSHIP/ ACADEMIC HONORS RECEIVED
			From	To			
ELEMENTARY							
SECONDARY	LINAO NATIONAL HIGH SCHOOL	HIGH SCHOOL	2001	2002	FIRST YEAR	N/A	N/A
VOCATIONAL / TRADE COURSE							
COLLEGE	UNIVERSITY OF CEBU - BANILAD	BACHELOR OF SCIENCE IN NURSING	2006	2010	N/A	2010	N/A
GRADUATE STUDIES	CEBU NORMAL UNIVERSITY	MASTER OF SCIENCE IN NURSING	2014	2018	N/A	2018	N/A

(Continue on separate sheet if necessary)

SIGNATURE		DATE	July 18, 2024
-----------	--	------	---------------

IV. CIVIL SERVICE ELIGIBILITY					
27.	CAREER SERVICE/ RA 1080 (BOARD/ BAR) UNDER SPECIAL LAWS/ CES/ CSEE BARANGAY ELIGIBILITY / DRIVER'S LICENSE	RATING (If Applicable)	DATE OF EXAMINATION / CONFERMENT	PLACE OF EXAMINATION / CONFERMENT	LICENSE (if applicable)
					NUMBER Date of Validity
	RA1080 (LICENSURE EXAMINATION FOR PROFESSIONAL TEACHERS)	81.2	01/26/14	CEBU CITY	1288646 10/02/23
	RA1080 (NURSING LICENSURE EXAMINATION)	79.6	7/3/2010-7/4/2010	CEBU CITY	0659917 10/02/22

(Continue on separate sheet if necessary)

V. WORK EXPERIENCE

(Include private employment. Start from your recent work) Description of duties should be indicated in the attached Work Experience sheet.

28. INCLUSIVE DATES (mm/dd/yyyy)		POSITION TITLE (Write in full/Do not abbreviate)	DEPARTMENT / AGENCY / OFFICE / COMPANY (Write in full/Do not abbreviate)	MONTHLY SALARY	SALARY/ JOB/ PAY GRADE (if applicable)& STEP (Format "00-0")/ INCREMENT	STATUS OF APPOINTMENT	GOV'T SERVICE (Y/ N)
From	To						
01/01/23	Present	CLINICAL INSTRUCTOR	CEBU NORMAL UNIVERSITY	45,280.00	N/A	CONTRACTUAL	N
08/14/21	12/31/22	CLINICAL INSTRUCTOR	CEBU NORMAL UNIVERSITY	26,051.00	N/A	CONTRACTUAL	N
07/15/21	12/31/21	UNIVERSITY RESEARCH ASSOCIATE	CEBU NORMAL UNIVERSITY	26,051.00	SG-12	CONTRACTUAL	N
01/01/21	03/31/21	NURSE I	DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT	33,575.00	SG-15	JOB ORDER	N
09/01/20	12/31/20	NURSE II	DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT	32,053.00	SG-15	PERSONNEL SERVICE - CONTRACTUAL	Y
06/01/20	08/31/20	NURSE II	DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT	32,053.00	SG-15	JOB ORDER	N
04/01/20	05/31/20	PUBLIC HEALTH ASSOCIATE / NURSE	DEPARTMENT OF HEALTH CENTRAL VISAYAS CENTER FOR HEALTH DEVELOPMENT	32,053.00	SG-15	JOB ORDER	N
06/27/16	04/15/20	SENIOR PROCESS EXECUTIVE - DATA	COGNIZANT TECHNOLOGY SOLUTIONS PHILIPPINES, INC.	34,654.00	N/A	REGULAR	N
07/29/14	04/18/16	NURSE ASSOCIATE	EXL SERVICE PHILIPPINES, INC.	21,500.00	N/A	REGULAR	N
04/17/12	01/18/14	CUSTOMER SERVICE PROFESSIONAL I	STREAM GLOBAL SERVICES, INC.	16,500.00	N/A	REGULAR	N
11/01/10	07/01/11	NURSE	ASSUMPTION COLLEGE THONBURI	30,000.00	N/A	CONTRACTUAL	N

(Continue on separate sheet if necessary)

SIGNATURE		DATE	July 18, 2024
-----------	--	------	---------------

VI. VOLUNTARY WORK OR INVOLVEMENT IN CIVIC / NON-GOVERNMENT / PEOPLE / VOLUNTARY ORGANIZATION/S

29.	NAME & ADDRESS OF ORGANIZATION (Write in full)	INCLUSIVE DATES (mm/dd/yyyy)		NUMBER OF HOURS	POSITION / NATURE OF WORK
		From	To		
N/A	N/A	N/A	N/A	N/A	N/A

(Continue on separate sheet if necessary)

VII. LEARNING AND DEVELOPMENT (L&D) INTERVENTIONS/TRAINING PROGRAMS ATTENDED

30.	TITLE OF LEARNING AND DEVELOPMENT INTERVENTIONS/TRAINING PROGRAMS (Write in full)	INCLUSIVE DATES OF ATTENDANCE (mm/dd/yyyy)		NUMBER OF HOURS	Type of LD (Managerial/ Supervisory/ Technical/etc)	CONDUCTED/ SPONSORED BY (Write in full)
		From	To			
	Occupational Health and Safety: A Global Call, by Philippine Nurses Association Cebu Chapter Inc.	04/06/24	04/06/24	4.0	Technical	Philippine Nurses Association, Inc. Cebu Chapter
	Manila Doctors Hospital & National Kidney Transplant Institute 2nd National Research Exposition “Optimizing Global Heath Challenges Through Nursing Research”	11/10/23	11/17/23	16.0	Technical	Manila Doctors Hospital
	Strengthening Family-Centered Dementia Care: Empowering Filipino Nurses with Understanding, Assessment, Interventions, and Caregiver Support	10/06/23	10/06/23	5.0	Technical	Philippine Nurses Association, Inc.
	11th Post Graduate Symposium: Level Up! Exploring Cutting Edge in the New Normal	02/17/23	02/17/23	8.0	Technical	De La Salle Health Sciences Institute - College of Medical Radiation Technology
	International Conference of Nurses 2023 (ICoNs12)	11/24/23	11/25/23	12.0	Technical	Cebu Normal University
	International Conference of Nurses 2022 (ICoNs11)	11/25/22	11/25/22	8.0	Technical	Cebu Normal University / Cebu South Medical Center
	Geriatric Health Nursing: Revisualizing for Opportunities	11/11/22	11/11/22	4.0	Technical	Philippine Nurses Association, Inc.
	Philippine Nurse Association, Inc. 100th Foundation Anniversarry, 65th Nurses Week Celebration and National Annual Convention Reseach Forum 2022	10/18/22	10/18/22	6.0	Technical	Philippine Nurses Association, Inc.
	Philippine Nurse Association, Inc. 100th Foundation Anniversarry, 65th Nurses Week Celebration and National Annual Convention Webinar Series	10/19/22	10/19/22	8.0	Technical	Philippine Nurses Association, Inc.
	Philippine Nurse Association, Inc. 100th Foundation Anniversarry, 65th Nurses Week Celebration and National Annual Convention General Assembly 2022	10/20/22	10/20/22	7.0	Technical	Philippine Nurses Association, Inc.
	Perioperative Care Forum	10/12/22	10/12/22	4.0	Technical	Delex Pharma International Inc.
	Perioperative Care Forum	08/17/22	08/17/22	4.0	Technical	Delex Pharma International Inc.
	2021 International Conference on Methodological Advances in Research (ICMAR)	12/02/21	12/03/21	16.0	Technical	Visayas-Mindanao Consortium for Journal Publication Inc. / Bukidnon State University
	International Conference of Nurses 2021 (ICoNsX)	11/26/21	11/26/21	8.0	Technical	Cebu Normal University
	CNU Virtual Research Conference 2021	10/27/21	10/29/21	24.0	Technical	Cebu Normal University
	Writing Researches Utilizing Phenomenological Design	07/21/21	07/23/21	24.0	Technical	Cebu Normal University Center for Research and Development
	4th Department of Health Central Visayas Center for Health Development Regional Research Congress	06/15/21	06/18/21	12.0	Technical	Department of Health Central Visayas Center for Health Development
	5th Summer Conference 2021	05/25/21	05/26/21	6.0	Technical	Philippine Nurses Association, Inc.
	Gerontology Nurses Association of the Philippines Virtual 2020: Managing Older Persons with Frailty: Interprofessional Approach	08/20/20	08/20/20	3.0	Technical	Gerontology Nurses Association of the Philippines, Inc.
	Basic Phlebotomy Training	06/17/20	06/17/20	4.0	Technical	Department of Health Subnational Blood Center for Visayas
	Training on Functional Nursing	04/01/20	04/17/20	88.0	Technical	Vicente Sotto Memorial Medical Center
	Building Student Character inside the Classroom	03/26/20	03/28/20	8.0	Technical	Vibal Group, Inc.
	International Conference of Nurses 2019 (ICoNs9) Theme: Bracing Disruptive Health Innovations in the Society 5.0: Implications to Nursing Education, Research and Nursing Care	11/29/19	11/29/19	8.0	Technical	Cebu Normal University

(Continue on separate sheet if necessary)

VIII. OTHER INFORMATION

31.	SPECIAL SKILLS and HOBBIES	32.	NON-ACADEMIC DISTINCTIONS / RECOGNITION (Write in full)	33.	MEMBERSHIP IN ASSOCIATION/ORGANIZATION (Write in full)
	DANCING		UNIVERSITY OF CEBU NURSING STUDENT BODY ORGANIZATION SERVICE AWARD		PHILIPPINE NURSES ASSOCIATION
	COOKING		UNIVERSITY OF CEBU PENLIGHT (THE OFFICIAL PUBLICATION OF THE UNIVERSITY OF CEBU COLLEGE OF NURSING) SERVICE AWARD		ASSOCIATION OF MEN IN NURSING PHILIPPINES
	BAKING				AMERICAN ASSOCIATION OF MEN IN NURSING
	ARTS AND CRAFTS				
	BACKPACKING				
	YOGA				
	RESEARCH				

(Continue on separate sheet if necessary)

SIGNATURE		DATE	July 18, 2024
-----------	--	------	---------------

