## TRISHA MARIEL B. TRIGOSA

O Brgy. Caridad, Baybay City, Leyte

ttrigosa@gmail.com

09158662551

## **OBJECTIVES**

Seeking for a position that enables me to improve my personal and professional skills, learn to enhance my leadership experience and organizational efficiency, aiming to contribute to the organization or company and the success of its goals.

## PERSONAL INFORMATIONS

Citizenship: Filipino

Date of Birth: October 10, 2000

Age: 24 Sex: Female

Civil Status : Single

Religion: Roman Catholic

## **EXPOSURE**

Student Researcher in the Development of a Tropical Ecosystem Health Scorecard (TrEcH) Project; Aquatic Microorganism Biodiversity Evaluation and Resource Monitoring (AMBER Component)

Thesis Title: "Phytoplankton as Bioindicators of Water Quality in Pagbanganan River, Baybay City, Leyte"

# Commission on Youth (Church Youth Organization)

- Auditor Vicariate Youth Coordinating Council (2021 - 2023)
- Vice President Parish Youth Coordinating Council (2018 - 2022)
- Parish Pastoral Council for Responsible Voting (PPCRV) - Coordinator in the 2016 and 2022 elections.
- Core Committee of the 13th Diocesan Youth Day, July 2023 in Baybay City.
- · Parish Social Media Communications team

## **SKILLS**

- Excellent leadership skills, interpersonal skills, critical thinking skills, oral and written communication skills.
- · Research and Laboratory Skills.
- Microsoft Office Tools: Excel, Word, and Powerpoint.

## LANGUAGE

English, Tagalog, Bisaya/Cebuano

## **EDUCATION**

Tertiary (BS Biology Major in Ecology)
Visayas State University
2019 - 2023 : Cum Laude

2019 - 2023 : Cum Laude

Department of Science and Technology - SEI Scholar

Secondary (Senior High School)

Visayas State University Senior High School

2017 - 2019 : With honors

Secondary (Junior High School)

Visayas State University Laboratory High School

2013 - 2017 : With honors

Elementary

**Liberty Christian School Foundation** 

2007 - 2013 : Valedictorian

### TRAININGS

Short Course on Freshwater Biomonitoring

November 3-7, 2022

PhilRootcrops Training hall, Visayas State

University

 Vanguard: GIS at the Forefront of Development and Innovation; Basic GIS Training.

December 7, 2022

Department of Engineering, Visayas State

University

## REFERENCE

#### Engr. Silvestre B. Sanico

**Retired Supervisor** 

Philippine Fiber Industry Development Authority 09176244532

#### Judy An I. Simpron

Teacher III

Baybay City Senior High School

Former Vicariate Youth Leader

09365583065

## Jasper Paul A. Ycoy

Teacher III

**Baybay City Division** 

Former Vicariate Youth Coordinator

09606647958