

KRISTOFER E. BALAIS

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Region VIII, Philippines, 6812

SUMMARY

Graduating student with a Bachelor of Science in Biology and expected to graduate in August 2024. A first-time job seeker eager to meet and contribute to university needs. Proficient in working under pressure, easily adaptive to new environments, deliver detailed work, and committed to the pursuit of continuous growth and development in the biological sciences.

EXPERIENCE

PART-TIME INSTRUCTOR

August 2024 – December 2024

***Department of Biological Sciences
Visayas State University
Baybay City, Leyte, Philippines***

- Taught Genetics, General Zoology, and core departmental courses.
- Developed and delivered engaging lectures and practical sessions.
- Evaluated student performance and provided academic support.

STUDENT INTERN

Jul 2023 – Aug 2023

***Baybay City Immaculate Conception Hospital
Baybay City, Leyte, Philippines***

- Conducted laboratory and maintained accurate reports and records.
- Assisted resident medical technicians to improve laboratory efficiency.
- Provided prompt and effective client assistance.

STUDENT INTERN

Jun 2022 – Aug 2022

***Public Employment Service Office
Local Government Unit of Balangiga
(Special Program for Employment of Students)
Balangiga, Eastern Samar, Philippines***

- Generated and released precise and timely documents.
- Conducted a census on business establishment registrations and vacancies for PESO dashboard.

EDUCATION

Bachelor of Science in Biology, Major in Zoology Aug 2024

Visayas State University

Baybay City, Leyte, Philippines

- *cum laude*, Cumulative **GPA: 1.696**
- Leadership Award Nominee and Finalist

SKILLS

- Proficient in Microsoft Office and Google Workspace
- Computer literate
- Strong communication skills
- Team player and collaborative
- Research capabilities
- Excellent interpersonal relations
- Proficient in English writing skills

LEADERSHIP AND VOLUNTEER EXPERIENCE

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| • Diocesan Youth Coordinator , Diocese of Borongan Commission on Youth | <i>Jan 2024 - Present</i> |
| • Diocesan Representative , Central & Eastern Visayas Regional Youth Coordinating Council | <i>Feb 2024 - Present</i> |
| • Rover Scout , Boy Scouts of the Philippines - Leyte Islands Chapter | <i>2019 - Present</i> |
| • President , College of Arts and Sciences Supreme Student Council | <i>2023 - 2024</i> |
| • Board of Director , College of Arts and Sciences Supreme Student Council | <i>Dec 2022 - Aug 2023</i> |
| • Volunteer Catechist , Parish of St. Lawrence the Martyr Balangiga | <i>2016 - 2022</i> |
| • Volunteer , Parish Pastoral Council for Responsible Voting (PPCRV) | <i>2022</i> |