

JOHN LOUISE ROSALES CABAL

Home Address: San Antonio St., Brgy. Poblacion, Inopacan,
Leyte

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SUMMARY OF QUALIFICATION:

- Good communication skills both in oral and written (English and Filipino)
- Good interpersonal skills
- Able to learn quickly, demonstrate flexibility and persistence
- Dependable, analytical and hardworking; can work well both independently and as a team
- Three years of academic teaching experience

PERSONAL DATA

Nickname: Cabs, JL

Age: 26

Date of Birth: September 22, 1998

Place of Birth: Brgy. Poblacion, Inopacan, Leyte

Nationality: Filipino

Gender: Male

Height: 156 cm

Weight: 75 kg

Civil Status: Single

Religion: Roman Catholic

Father's Name& Occupation: Dominique A. Cabal – On-Call Driver

Mother's Name & Occupation: Judith R. Cabal - Housewife

Parents/Guardian Contact number: 09356715037

PROFFESIONAL SKILLS

- With a Bachelor's degree in Chemistry; Proficient in Microsoft Office (Word, Excel, Powerpoint)

EDUCATIONAL BACKGROUND

- **Tertiary:** **BS in Chemistry** 2015-2020
Visayas State University (VSU)
Visca, Baybay City, Leyte
- **Secondary:** **VisayasState Laboratory High School** 2011-2015
(VSULHS)

Visca, Baybay City, Leyte

- **Elementary: Inopacan Central School** 2005-2011 3rd Hon. Mention
Inopacan, Leyte

WORK EXPERIENCES

- **WATER / FOOD QUALITY ANALYST (Summer Practical Training Program)**
F.A.S.T Laboratories, Mandaue City, Cebu
July 2018 (200 hours)
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
First Semester, A.Y 2020-2021
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
First Semester, A.Y 2021-2022
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
First Semester, A.Y 2022-2023
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
First Semester, A.Y 2023-2024
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
Second Semester, A.Y 2023-2024
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
First Semester, A.Y 2024-2025
- **PART-TIME INSTRUCTOR**
Department of Pure and Applied Chemistry, VSU
Second Semester, A.Y 2024-2025

SCHOLARSHIPS AND GRANTS RECEIVED

- **Scholar**, RA 7687 Department of Science and Technology-Science Education Institute from 2015 to 2019

SEMINARS, WORKSHOPS AND TRAININGS ATTENDED

- **2nd Regional Symposium of the Philippine Society of Biochemistry and Molecular Biology – Visayas Chapter**
Convention Center, Visayas State University, Visca, Baybay City, Leyte
February 22, 2019

REFERENCES

- **Ronald Arlet P. Villaber**
Instructor, Department of Pure and Applied Chemistry
College of Arts and Sciences
Visayas State University
Visca, Baybay City, Leyte
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- **Maria Robelyn O. Insik**
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I hereby certify that the above information is true and correct to the best of my knowledge and belief.

JOHN LOUISE R. CABAL
Applicant