

KARINA PULIDO LAPINID, MD, FPCP

Internal Medicine

Diabetes Care specialist

Occupational Health Medicine



PERSONAL PROFILE:

Clinic Address1: Mejia Clinical Laboratory

471 Mejia Bldg. Real St., Brgy. West, Ormoc City

Clinic Address2: OSPA Farmers Medical Center-Outpatient Department,

Brgy. Can-adieng, Ormoc City

Mobile Number: 09177750758

Email Address: karpul76@gmail.com

ORGANIZATIONS/AFFILIATIONS:

- Fellow, Philippine College of Physicians
- Member, Philippine Society of Diabetologists
- Member, Diabetes Philippines, Inc.
- Member, Philippine College of Occupational Medicine
- Member, Philippine Medical Association-Ormoc City Medical Society
- Member, Cebu Institute of Medicine – Alpha Mu Sigma Phi Fraternity

WORK EXPERIENCE:

- Active Consultant, Department of Internal Medicine – *July 2017 to present*
OSPA FARMERS' MEDICAL CENTER
Brgy. Can-adieng, Ormoc City, Leyte

GATCHALIAN MEDICAL CENTER-MOUNT GRACE HOSPITAL
Kangleon cor. Rizal Streets, Brgy. West, Ormoc City, Leyte

ORMOC DOCTORS HOSPITAL
Aviles Street, Ormoc City, Leyte

- Occupational Health Physician – *January 22, 2024 to August 5, 2024*
FIRST BALFOUR INC-LEYTE
Brgy. Tongonan, Kananga, Leyte
- Occupational Health Physician – *January to November 2022*
VIRTUAL STAFFING SOLUTIONS
Chinatown Eastgate, Lilia Avenue, Brgy. Cogon, Ormoc City, Leyte
- Associate Professor - *May 2015 to May 2017*
Section Head - Department of Medicine (Physical Diagnosis), A.Y. 2016 - 2017
Faculty Member – Department of Physiology, A.Y. 2015 - 2016

UNIVERSITY OF CEBU COLLEGE OF MEDICINE FOUNDATION, INC.
Ouano Avenue, Subangdaku, Mandaue City

- Medical Analyst/Physician Reviewer – *July 2009 to May 2017*
Team Leader
BMC GROUP ASIA, INC. (KPO Industry)
Rm.407 Keppel Center, Cebu Business Park, Cebu City
- Junior Consultant – *April 2013 to June 2013*
Department of Internal Medicine
ST. VINCENT GENERAL HOSPITAL, Osmeña Boulevard, Cebu City
- Assistant Professor - *June 2009 to May 2014*
Department of Physiology
CEBU INSTITUTE OF MEDICINE, Ramos Street, Cebu City
- Internal Medicine Consultant– *February 2009 to June 2009*
AVENTUS INTELICARE CEBU CLINIC
2/F TGU Tower, I.T. Park Asiatown, Cebu City

MAXICARE HEALTH CORPORATION
3/F Borromeo Building, Kamuning St., Cebu City
- Junior Consultant – *February 2009 to June 2009*
Department of Internal Medicine
MACTAN DOCTORS' HOSPITAL, Basak, Lapulapu City
- Residency Training Program – *November 2005 to January 2009*
Department of Internal Medicine
VISAYAS COMMUNITY MEDICAL CENTER
Osmeña Boulevard, Cebu City
 - Research Paper: "*A Study on The Prevalence of Excessive Daytime Sleepiness and The Sleeping Patterns of Residents in Internal Medicine Among the Different PCP-Accredited Training Institutions in Cebu City*"
- Post Graduate Internship – *2004 to 2005*
PERPETUAL SUCCOUR HOSPITAL – CEBU HEART INSTITUTE
Gorordo Avenue, Cebu City

EDUCATIONAL BACKGROUND:

- POSTGRADUATE STUDIES
Master of Science in Internal Medicine-Major in DIABETOLOGY – SY 2019-2021
(*coursework completed, pending thesis*)
UNIVERSITY OF THE EAST RAMON MAGSAYSAY MEMORIAL MEDICAL CENTER-
INSTITUTE FOR STUDIES IN DIABETES FOUNDATION, INC.
Marikina Heights, Marikina City
- GRADUATE STUDIES
College of Medicine – S.Y. 1998-2004
CEBU INSTITUTE OF MEDICINE – Ramos St., Cebu City

- TERTIARY EDUCATION
BS-Biology – S.Y. 1993-1997
University of the Philippines in the Visayas – Tacloban College, Tacloban City
- SECONDARY and ELEMENTARY EDUCATION
St. Peter's College – Ormoc City, Leyte

LICENSURE EXAMINATION/BOARD CERTIFICATION:

- FELLOW of the Philippine College of Physicians – *May 7, 2017*
- DIPLOMATE of the Philippine College of Physicians – *May 5, 2013*
- Passed the PHILIPPINE SPECIALTY BOARD OF INTERNAL MEDICINE EXAMINATION given *January 2013*.
- Passed the LICENSURE EXAMINATION FOR PHYSICIANS given *August 2004*.

POST-GRADUATE COURSES/CERTIFICATIONS:

- Short Course on *PSD Advanced Diabetes Workshop* conducted by the Institute for Studies on Diabetes Foundation, Inc. and Philippine Society of Diabetologists – June 6-7, 2025
- *Basic Life Support and Advanced Cardiac Life Support Training Course* conducted by the Philippine Heart Association Eastern Visayas Chapter – July 27-28, 2024
- Short Course on *Intensive Course on Insulin Therapy* conducted by the Institute for Studies on Diabetes Foundation, Inc. – March 5, 2021
- Short Course on *Cardiovascular Disease in Diabetes* conducted by the Institute for Studies on Diabetes Foundation, Inc., Marikina City – July 3-5, 2019
- 8-day *Basic Course in Occupational Medicine* conducted by the Philippine College of Occupational Medicine Inc., Cebu City – October 22-29, 2017
- 12-day *Advance Course on Diabetes Care* conducted by the Institute for Studies on Diabetes Foundation, Inc., Marikina City – May 21, 2016

CHARACTER REFERENCES:

DR. SANDRA FIEL-CHIONG
Medical Director
OSPA Farmers Medical Center
Brgy. Canadieng, Ormoc City

DR. FLORENTINO BERDIN
Chair, Department of Physiology
University of Cebu School of Medicine
Ouano Avenue, Subangdaku, Mandaue City

DR. MELISSA GOBENCIONG-ROA
School Registrar
RTR Medical Foundation, College of Medicine