

# IAN ALBERT S. PASTURAN

## CURRICULUM VITAE

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Licensed Professional Teacher trained in teaching Physical Education seeking to be a Part-Time Instructor eager to improve fitness in young people and help the university achieve its core values.

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### SKILLS

- Lesson Planning
- Student Records Management
- Microsoft Office Literate

### ELIGIBILITY

#### Professional Teacher

Registration No. 1927541

Registration Date: 06/17/22

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### EDUCATION

#### Leyte Normal University

2015 – 2019

Tacloban City, Philippines

Bachelor of Secondary Education Major in MAPEH

#### Leyte National High School

2011 – 2015

Tacloban City, Philippines

High School Diploma

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### WORK HISTORY

#### Teacher Intern

August 2018 – October 2018

#### Leyte National High School

- Created lesson plans and chose supporting materials to promote positive learning experiences.
- Planned and implemented lessons using various teaching strategies to meet diverse student needs.
- Developed deeper understanding of teaching strategies with increasing responsibility for student learning.

#### Teacher Intern

October 2018 – December 2018

#### Sagkahan National High School

- Developed lesson plans that incorporated mandated topics and included immersive activities for student engagement.
- Collaborated with colleagues to design learning outcomes and thoughtfully.
- Initiated teaching implementing lesson plans and progressed to full-day teaching.

**Enumerator****October 2021– December 2021****Department of Agriculture**

- Traveled door-to-door in assigned communities and requested participation in census interview, clearly explaining process and purpose.
- Assisted people in filling out surveys with complete and accurate information.
- Contacted interviewees to rectify survey issues and ask follow-up questions.

**Private Tutor****July 2019 – Present**

- Met with students to clarify and review concepts fought in class and solve specific problems.
- Assisted students in finding useful study methods to enhance academic performance.
- Developed student confidence through positive reinforcement strategies.

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## CERTIFICATION

**Competence in Practicum Award****2019**

For demonstrating competence in teaching during internship,  
Honors Day for the Seniors, Leyte Normal University.

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## THESIS

"Nutrition and Aesthetics: How Taekwondo Student-Athletes  
Maintain Their Health and Physique," Leyte Normal University,  
MAPEH Unit.

**2018**

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## AFFILIATIONS

**LNU MAPEH Circle**, Alumnus

**Circle of Future Educators**, Alumnus

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## REFERENCES

*References are available upon request.*