

IRISH N. CATA CUTAN

Brgy. Cogon, Baybay City, Leyte, Philippines

(639)187375442

irishcatacutan98@gmail.com



PROFESSIONAL OBJECTIVE

IMMEDIATE OBJECTIVE:

- To teach in VSU-Institute of Human Kinetics under the supervision of Commission on Higher Education.

LONG-TERM OBJECTIVE

- To obtain Master's Degree in School Administration and a Doctor of Philosophy.
- To broaden my experience, knowledge and skills as a professional teacher and impart it to the students passionately.

SKILLS AND ABILITIES

COMPUTER SKILLS

- Encoding
- Photo Editing
- Printing
- Moviemaking
- Music-mixing
- Downloading
- Uploading

OTHER SKILLS

- Dancing
- Playing sports (badminton, volleyball, etc.)
- Lettering
- Designing
- Painting
- Sketching
- Choreographing (mass dance, folk dance and etc.)

EXPERIENCE

PART-TIME INSTRUCTOR IN VISAYAS STATE UNIVERSITY- INSTITUTE OF HUMAN KINETICS

August 1, 2019 to May 23, 2020

- Established diverse teaching methodologies for different learning styles of the learners.
- Applied various learning strategies for effective and meaningful learning.

PRACTICE TEACHER IN TINAGO NATIONAL HIGH SCHOOL, INOPACAN, LEYTE

September 4, 2017 to November 16, 2017

- Prepared collaborative lesson plans and provided artistic instructional materials for the lesson.
- Actively participated and facilitated in every school activity especially the Intramural Game of the school.
- Managed and choreographed the back-up dancers and candidates for the Mr. and Ms. Intramurals 2017.
- Involved in the community programs (tree planting and coastal clean-up) to move for a changed and to show love and care to our mother earth.

EDUCATIONAL BACKGROUND

VOCATIONAL/ TRADE COURSE
Palermo Hotel Institute of Tourism and Hospitality, Inc.
Food and Beverage Services
February 2019

TERTIARY LEVEL
Visayas State University
Visca, Baybay City, Leyte
Bachelor of Secondary Education major in Music, Arts, Physical Education and Health
June 2018

SECONDARY LEVEL
Baybay National High School
30 de Diciembre St., Baybay City, Leyte
April 2013

ELEMENTAY LEVEL
Baybay North Central School
A. Bonifacio St., Baybay City, Leyte
April 2019

AFFILIATIONS

- Visayas State University
Institute of Human Kinetics- Secretary
VSU- SY: 2019-2020
- Sangguniang Kabataan Federation- Secretary
Baybay City Chapter
2018-Present
- Sangguniang Kabataan Chairperson
Brgy. Cogon, Baybay City, Leyte
2018- Present
- Baybay Youth Leaders Council-P.I.O.
Baybay City, Leyte
2017-2018
- MAPEH Club Secretary
VSU- SY: 2016-2017
- MAPEH Club Auditor
VSU- SY: 2015-2016
- MAPEH Club Member
VSU- SY: 2014-2018
- College of Education-SSC Member
VSU- SY: 2014-2018
- University Supreme Student Council Member
VSU- SY: 2014-2018

LANGUAGES SPOKEN

- Filipino
- English
- Cebuano

SEMINARS AND TRAININGS ATTENDED

- Outcomes-Based Teaching and Learning Syllabus Workshop
Visayas State University
January 31, 2020
- Sports Clinic in Athletic Officiating
Visayas State University
Visca, Baybay City, Leyte
December 1-2, 2017

- Orientation Seminar for Student Teaching
Visayas State University
Visca, Baybay City, Leyte
August 14-18, 2017
- Tri-Provinial Youth Summit
Ormoc City, Leyte
July 6-9, 2017
- Strengthening HIV/AIDS Knowledge and Awareness
Visayas State University
Visca, Baybay City, Leyte
April 25, 2017
- Sports Clinic in Athletic Officiating
Visayas State University
Visca, Baybay City, Leyte
September 9, 2016
- Sports Clinic in Finswimming
Visayas State University
Visca, Baybay City, Leyte
May 10-12, 2016
- First Echo Foldance workshop
Visayas State University
Visca, Baybay City, Leyte
July 3-5, 2015
- Civic Welfare Training Service
National Service Training Program
Visayas State University
Visca, Baybay City, Leyte
SY: 2014-2015

PERSONAL BACKGROUND

Date of Birth: April 1, 1998
Age: 23 years old
Place of Birth: Baybay City, Leyte
Citizenship: Filipino
Religion: Roman Catholic
Status: Single
Weight: 71 kg
Height: 165 cm
Name of Father: Bernie T. Catacutan
Name of Mother: Angelina N. Catacutan
Address: Brgy. Cogon, Baybay City, Leyte
Contact no: +639187375442

REFERENCES:

MR. FERDINAND TORRION
Cooperating Teacher
Tinago National High School

MRS. ANNALIZA M. CERILLA
Cooperating Teacher
Tinago National High School