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MARK GILBERT SINSUAN MILALLOS

WORK & VOLUNTEER EXPERIENCE:

August 2021 – Present	<u>CEBU NORMAL UNIVERSITY – MAIN CAMPUS</u> <i>Faculty, College of Nursing</i>	<i>Osmeña Boulevard., Cebu City</i>
July 2021 – December 2021	<i>University Research Associate</i> <i>Project Title: Future Proofing Central Visayas Against Pandemics: A Roadmap Study</i>	
April 2020 – March 2021	<u>DEPARTMENT OF HEALTH REGION VII</u> <i>Nurse II</i>	<i>Osmeña Boulevard., Cebu City</i>
January 2020 – Present	<u>MEDICAL ONE SOLUTIONS PHILS., INC.</u> <i>Reliever Nurse (Part Time)</i>	<i>Cebu City</i>
December 2019 – Present	<u>AVENTUS MEDICAL CARE, INC. (VARIOUS SITES)</u> <i>Occupational Health Nurse (Reliever)</i>	<i>Cebu City</i>
	<u>COGNIZANT TECHNOLOGY SOLUTIONS, INC.</u> <u>EXL SERVICE INC., PHILIPPINES</u>	<i>Cebu IT Park, Cebu City</i> <i>Cebu IT Park, Cebu City</i>
December 2011 – June 2012	<u>PHILIPPINE RED CROSS – CEBU CHAPTER</u> <i>Emergency Medical Technician / Ambulance Nurse (Volunteer)</i>	<i>Osmeña Boulevard., Cebu City</i>
November 2010 – July 2011	<u>ASSUMPTION COLLEGE THONBURI</u> <i>Nurse</i>	<i>Bang Khae, Bangkok, Thailand</i>

PROFESSIONAL EXAMINATIONS:

January 2014	Licensure Examination for Professional Teachers (Passed) License No.: 1288646
July 2010	Nurses Licensure Examination (Passed) License No.: 0659917

PROFESSIONAL ORGANIZATIONS:

Philippine Nurses Association (PNA) Lifetime Member	American Association of Men in Nursing (AAMN) Member
Association for Men in Nursing of the Philippines (AMNP) Founding Member	

EDUCATIONAL BACKGROUND:

January 2019 – Present	Cebu Normal University Doctor of Science in Nursing Major in Gerontology Nursing 36 units earned	<i>Osmeña Boulevard., Cebu City</i>
November 2014 – December 2018	Cebu Normal University Master of Science in Nursing Major in Medical Surgical Nursing <i>Thesis: From Testing to Coping: The Voices of People Living with HIV/AIDS</i>	<i>Osmeña Boulevard., Cebu City</i>
April 2013 - April 2014	Cebu Technological University – Main Diploma in Professional Education Major in Biological Sciences	<i>MJ Cuenco Ave., Cebu City</i>
April 2006 – April 2010	University of Cebu – Banilad Bachelor of Science in Nursing Service Award – Nursing Student Body Organization Service Award – Penlight: The Official Publication of the University of Cebu College of Nursing	<i>Banilad, Cebu City</i>

SHORT TERM COURSES:

July – September 2019	Understanding Dementia Massive Open Online Course University of Tasmania Wicking Dementia Research and Education Centre
March – May 2019	Preventing Dementia Massive Open Online Course University of Tasmania Wicking Dementia Research and Education Centre

TRAININGS AND SEMINARS:

- Writing Gender and Development (GAD) Related Research Proposals at Tandang Sora Nursing Hall by Center for Research and Development, Cebu Normal University, March 2022
- Writing a Good Thesis/Dissertation Proposal: A Touch of the New Normal by the Graduate School Students’ Organization, Cebu Normal University, December 2020 via Zoom online meetings
- Training on the Conduct of Systematic Reviews by Center for Research and Development, Cebu Normal University, August 2021 via Zoom online meetings.
- Conducting Focus Group Discussions by Center for Research and Development, Cebu Normal University, August 2021 via Zoom online meetings.
- Writing a Publishable Paper by Center for Research and Development, Cebu Normal University, August 2021 via Zoom online meetings
- Writing Researches Utilizing Phenomenological Design by Center for Research and Development, Cebu Normal University, July 2021 via Zoom online meetings
- 4th Department of Health Central Visayas Center for Health Development Regional Research Congress, June 2021 via Zoom online meetings
- 5th Summer Conference 2021 "Nurses: A Voice to Lead - A Vision for Future Healthcare" by Philippine Nurses Association, Inc., May 2021 via Zoom online meetings
- GNAP Virtual 2020: Managing Older Persons with Frailty: Interprofessional Approach by Gerontology Nurses Association of the Philippines, Inc. August 2020 via Zoom online meetings
- Basic Phlebotomy Training by Department of Health Subnational Blood Center for Visayas at the Central Visayas Center for Health Development COVID-19 Center, Old Sacred Heart Campus, Lorega-San Miguel, Cebu, Philippines. June 2020
- Training on Functional Nursing by Vicente Sotto Memorial Medical Center, B. Rodriguez St., Cebu City. April 2020
- Building Student Character inside the Classroom (Online) by Vibal Group, Inc. March 2020
- Philippine Nurses Association Cebu Chapter 83rd Founding Anniversary, Annual Regional Convention and General Assembly at Casino Español de Cebu, Cebu, Philippines. July 2020
- Seminar on Issues and Problems in Gerontology Nursing at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. April 2019
- Acute Care: Nurses Role and Skills at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. December 2018
- Florence Nightingale International Nurses Day Seminar 2017 at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. June 2017
- Dispute Settlement: Arbitration and Bargaining at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. March 2017
- Challenging Norms to Evidence-Based Practices: A Key Role of Nurses and Nurse Managers at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. March 2016
- ASEAN Integration: Impact to the Future of Nurses and Nurse Managers at Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines. October 2015

RESEARCH CONFERENCES AND PRESENTATIONS:

- *“Defining Incarceration: Stories of Older Persons Deprived of Liberty.”* **Oral presentation** at the International Conference of Nurses 2022 (ICoNs10), Mezzo Hotel, Mabolo, Cebu City. November 2022
- *“The Road to Recovery and Role Modeling: The Journey of Persons Undergoing a Community-Based Drug Rehabilitation Program.”* **Oral Presentation** at the 2021 International Conference on Methodological Advances in Research (ICMAR), via Zoom Online Meeting, Visayas-Mindanao Consortium for Journal Publication Inc., (VMCJPI) in partnership with Bukidnon State University, December, 2021.
- **Session Manager/ Organizer**, International Conference of Nurses 2021 (ICoNsX), via Zoom Online Meetings, Cebu Normal University, Cebu, Philippines, November 2021
- CNU Virtual Research Conference 2021, via Zoom Online Meetings, Cebu Normal University, Center for Research and Development, Cebu, Philippines, October 2021
- *“From Testing to Coping: The Voices of People Living with HIV/AIDS.”* **Oral and Infomercial presentation** at the International Conference of Nurses 2019 (ICoNs9), Teaching Arts Centrum Auditorium, Cebu Normal University, Cebu, Philippines. November 2019
- *“From Testing to Coping: The Voices of People Living with HIV/AIDS.”* **Oral presentation** at the 2nd Biennial Conference on Nursing Education, Practice, and Research, Bayfront Hotel Cebu, Cebu, Philippines. August 2019
- *“Going Beyond Skin Deep: Life After Leprosy.”* **Oral presentation** at the 2nd Biennial Conference on Nursing Education, Practice, and Research, Bayfront Hotel Cebu, Cebu, Philippines. August 2019
- **Panelist:** Oral Defense, Grade 11 Practical Research I Course, Apas Integrated Senior High School, March 2019
- *“Going Beyond Skin Deep: Life After Leprosy.”* **Oral presentation** at the 2nd Global Conference on Nursing and Healthcare, DoubleTree by Hilton Hotel London Heathrow Airport, London, United Kingdom. August 2018

- 3rd Annual Central Visayas Health Research and Innovation Conference at Cebu Normal University, Cebu, Philippines. May 2018
- “*Going Beyond Skin Deep: Life After Leprosy.*” Awarded ‘**Best Podium Presenter**’ at the International Conference of Nurses 2017 (ICoNs7), Marco Polo Plaza Hotel, Cebu, Philippines, November 2017
- “*Going Beyond Skin Deep: Life After Leprosy.*” Awarded ‘**Best Oral Presentation**’ at the 2nd Borneo International Nursing Conference, Aston Pontianak Hotel and Convention Center Pontianak City, West Kalimantan, Indonesia, August 2017
- “*Going Beyond Skin Deep: Life After Leprosy.*” Awarded ‘**2nd place Poster Presentation Category**’ and ‘**Winner – Infomercial Presentation**’ at the 2nd Annual Central Visayas Health Research and Innovation Conference, Waterfront Cebu City Hotel, Cebu, Philippines, June 2017
- “*Going Beyond Skin Deep: Life After Leprosy.*” Awarded ‘**2nd place Oral presentation,**’ ‘**Winner – Poster Presentation,**’ and ‘**Winner – Infomercial Presentation**’ at the Research Congress 2017, Tandang Sora Nursing Hall, Cebu Normal University, Cebu, Philippines, March 2017
- 2015 CNU National Research and Extension Congress Managers at Cebu Normal University, Cebu, Philippines. November 2015

RESEARCH PUBLICATIONS:

Dumaguing, J. J. M., Sonido, M. P., Quimque, E. A., **Milallos, M. G. S.**, and Bejoc, J. A. (2021). The road to recovery and role modeling: The journey of persons undergoing a community-based drug rehabilitation program. *The Malaysian Journal of Nursing*

Garcia, I. C. D. and **Milallos, M. G. S.** (2021). Airway management in a patient with an incidental finding of vallecular cyst during induction of general anesthesia. *Malaysian Journal of Medical Research*, 5(1)1-5. doi: 10.31674/mjmr.2021.v05i01.001

Milallos, M. G. S. and Cutamora, J. C. (2019). From testing to coping: The voices of people living with HIV/AIDS. *Philippine Journal of Nursing*, 89(2) 21-27.

Milallos, M. G. S. and Basubas, S. M. R. (2019). Going beyond skin deep: Life after leprosy. *The Malaysian Journal of Nursing*, 10(4) 24-32. doi:10.31674/mjn.2019.v10i04.004