

**Name:** LETTY JEAN CAYANONG-LOR  
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**Mobile No.:** 09050940216

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#### PERSONAL INFORMATION

Age: 32  
Date of Birth: September 20, 1992  
Place of Birth: Pangasugan, Baybay City, Leyte  
Nationality: Filipino  
Civil Status: Married  
Religion: Roman Catholic  
Permanent Address: Brgy. Pangasugan, Baybay City, Leyte  
Height: 1.51 meters  
Weight: 70 kilograms  
Name of the Father: Mr. Jaime B. Cayanong  
Occupation: Elementary Teacher  
Name of the Mother: Mrs. Angelita A. Cayanong  
Occupation: Elementary Teacher  
Name of Spouse: Mr. Michael O. Lor  
Occupation: Account Executive/Collector – Transcycle  
Brgy. Councilor – Zone 10, Baybay City, Leyte  
Children: Mikhael Rovstin Niklauz C. Lor (11 yrs. old)  
Michael Nikulaz C. Lor (9 yrs. old)  
Languages/dialects spoken: English, Tagalog, Cebuano dialect

#### EDUCATIONAL ATTAINMENT

2014 to 2024	<b>Master of Science in Development Sociology minor in Tropical Ecology</b> Visayas State University Visca, Baybay City, Leyte
2009-2013	<b>Bachelor of Science in Environmental Management</b> Visayas State University Visca, Baybay City, Leyte Thesis: <i>"Environmental Impacts of Tourism on the Coastal Resources of Canigao Island, Matalom, Leyte, Philippines"</i>
2005-2009	<b>Secondary Education</b> <b>Visayas State University Laboratory High School</b> Visca, Baybay City, Leyte
1999-2005	<b>Elementary Education</b> <b>Albuera South Central School</b> Damulaan, Albuera, Leyte – Class Valedictorian

## PROFESSIONAL CERTIFICATION

### Career Service Examination – Paper and Pencil Test (Professional Level)

Leyte National High School, Tacloban City – 12 March 2017

General Rating: 81.65

## WORKING EXPERIENCES

<b>Administrative Aide VI</b> 2024-present (Regular)	<b>Gender Resource Center</b> Visayas State University Visca, Baybay City, Leyte
<b>Administrative Aide IV</b> 2023-2024 (Regular)	<b>Gender Resource Center</b> Visayas State University Visca, Baybay City, Leyte
<b>Administrative Aide III</b> 2021-2022 (Regular)	<b>Gender Resource Center</b> Visayas State University Visca, Baybay City, Leyte
<b>Administrative Aide III</b> 2018-2021 (Casual)	<b>Gender and Development Program/ Anti-Sexual Harassment Office</b> Visayas State University Visca, Baybay City, Leyte
<b>Science Research Asst.</b> January 2014 to 2018 (Job Order)	<b>Gender and Development Program/ Anti-Sexual Harassment Office</b> Institute for Strategic Research and Development Studies Visayas State University Visca, Baybay City, Leyte
<b>Research Aide</b> October to December 2013 (Job Order)	<b>Philippine Higher Research Network (PHERNet)</b> Visayas State University Visca, Baybay City, Leyte

## WORK-RELATED APPOINTMENTS

<b>Head</b>	Anti-Sexual Harassment Unit, GAD Office January 2025-present
<b>OIC Head</b>	Gender Resource Center Oct-Dec 2024
<b>Secretary</b>	Administrative Cases/Complaints: OP Memo No. 834 s. 2019 OP Memo No. 303 s. 2019 OP Memo No. 419 s. 2020 OP Memo No. 393 s. 2021 OP Memo No. 684 s. 2021 OP Memo No. 363 s. 2025
<b>Secretary</b>	Review Committee on ASH Rules and Regulations January 21 to present

<b>Secretariat</b>	GAD Agenda Planning Team September 2021 to present
<b>Admin. Staff Rep.</b>	Expanded ASH Committee on Decorum and Investigation April 2021 to present
<b>Deputy Document and Records Controller</b>	2019 to 2024
<b>Member</b>	University Pool of Secretaries, 2020 to present
<b>Task Force Committee</b> October 2017 to Nov. 2018	<b>Level 1 AACUP accreditation of MS Dev. Soc.</b> Member – Area 1
<b>Task Force Committee Soc.</b> May to November 2016	<b>Preliminary Survey Visit for the accreditation of MS Dev.</b> Member – Area 1
<b>Recording Secretary</b> Year 2014 to present	<b>VSU GAD Focal Point System – Technical Working Group – Visayas State University</b>  <b>Anti-Sexual Harassment Committee - VSU</b>

### **Achievements/Memberships**

Certified Regional GAD Resource Pool Expert	Regional GAD Committee VIII Regional Development Council 2024-2027
University Auditor	University Supreme Student Council Visayas State University Visca, Baybay City, Leyte 2009-2010
College President	College of Forestry and Natural Resources Visayas State University Visca, Baybay City, Leyte 2009-2010
Honor Student	Visayas State University Laboratory High School Visca, Baybay City, Leyte 2005-2008
Class Valedictorian	Albuera South Central School Damulaan, Albuera, Leyte S.Y. 2004-2005

## Seminars/Lectures/Workshops Attended

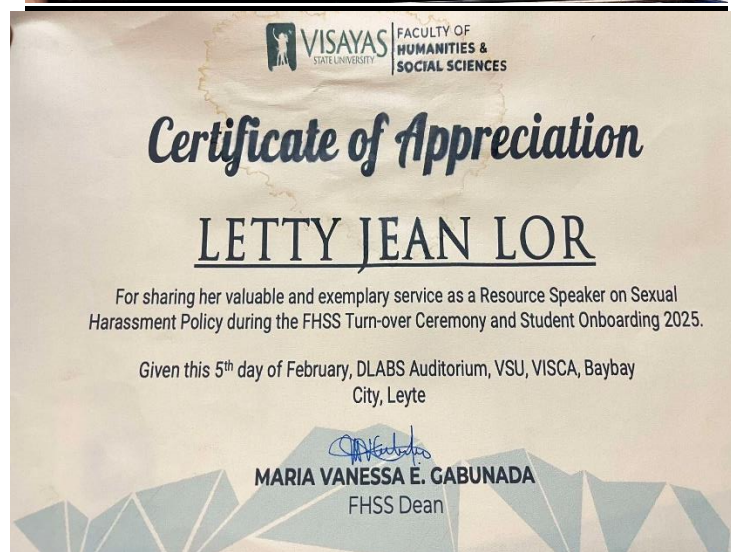
RDC VIII Orientation on Mainstreaming GAD in Proposed PPAs of Agencies and SUCs	02/6/2025	02/6/2025	3	Technical	Regional Development Council VIII
Basic Course Training on the RA 9184 and Its Revised IRR Act of 2016	11/26/2024	11/28/2024	24	Supervisory Technical	Visayas State University
WSAP Internation Conference 2024: BPFA+30 and Beyond, Looking Back and Moving Forward (Paper Presenter)	11/13/2024	11/15/2024	24	Technical	Women and Gender Studies Association of the Philippines (WSAP)
PCW GAD Webinar 7 titled "A Process Untold: Understanding Gender Statistics and GAD Database"	10/23/2024	10/23/2024	8	Technical	Philippine Commission on Women
10th Annual National Gender and Development (GAD) Conference for Advocators in Education and Industries with the Theme: "Capability Enhancement on GAD Planning And Budgeting and Research Summit for A Responsive and Genuine Institutional Transformation"	10/09/2024	10/11/2024	32	Technical	Philippine Association of GAD Advocators in Education and Industries Inc. (PAGDAEII)
GAD Plan and Budget Training for the Visayas Cluster	10/24/2024	10/25/2024	8	Technical	Commission on Higher Education
From Policy to Practice: EODB, DPA of 2012, and PIA Reorientation for VSU Personnel	07/29/2024	07/29/2024	8	Technical	Visayas State University
Gender Sensitivity Training	04/12/2024	04/12/2024	8	Technical	Visayas State University
Orientation of Guidelines of the Procedures and Processes/Services under the Administrative Services Office	02/23/2024	02/23/2024	4	Supervisory Technical	Visayas State University
Asian Universities Digital Resource Network (AUDRN) - International Research Conference on Local Knowledge 2024 with the theme "Digital Technology & Local Knowledge: Empowering Education in the Age of Artificial Intelligence"	02/1/2024	02/2/2024	16	Technical	Asian University Digital Resource Network (AUDRN)
Levelling Session for the Potential Members of the National and Regional and National GAD Resource Pool	10/25/2023	10/27/2023	24	Technical	Philippine Commission on Women
HIV Peer Educators Training	01/19/2022	01/20/2022	16	Supervisory Technical	Visayas State University
Personality Development and Developing Customer Satisfaction	06/13/2023	06/16/2023	32	Technical	Personnel Officers Association of the Philippines, Inc. (POAP)
Regional Assembly of Gender and Development of Focal Point Systems	03/28/2022	03/28/2022	8	Supervisory Technical	Commission on Higher Education
Women Inspiring Women Forum	03/07/2022	03/07/2022	4	Technical	Visayas State University
webinar on the RA 11313 – Safe Spaces Act in observance of the 18–Day Campaign to End Violence Against Women	12/08/2021	12/08/2021	4	Supervisory Technical	Visayas State University
Reimagining the Filipino Democracy	09/1/2021	09/1/2021	4	Supervisory Technical	Visayas State University
Re-Orientation of Employees' Duties and Responsibilities and Good Customer Service	09/23/2021	09/23/2021	4	Supervisory Technical	Visayas State University
Women's Reproductive Health: Breast Cancer and Gynecological Cancers	10/7/2021	10/7/2021	4	Technical	VSU-USHER
Basic GAD Concepts, GA Tools and Local GAD Planning and Budgeting for RGADC VIII LGUs	06/16/2021	06/18/2021	24	Managerial, Supervisory, Technical	RDC VIII, PCW
Webinar on Gender, Climate and Disaster Resilience	3/1/2021	3/1/2021	4	Technical	Ateneo de Manila
Women on the Go! Tipping the Hidden Gender Data Gap in Transport	1/26/2021	1/26/2021	4	Technical	UP Tacloban
Webinar on Behind the Scenes: Strengthening Support Mechanisms for Councils and Inter-agency bodies in Region VIII	09/23/2020	09/23/2020	4	Technical	
Introduction to GAD Concepts and SOGIESC Webinar	9/1/2020	9/1/2020	8	Technical	RDC PCW
Training on Purchase Request Module and SPPMIS	8/28/2020	8/28/2020	8	Managerial, Supervisory, Technical	VSU
Webinar on Flourishing through Adversity: How can stress and emotional experiences makes us stronger	8/19/2020	8/19/2020	4	Technical	
Gender Sensitivity and ASH Orientation	1/20/2020	1/20/2020	8	Technical	CHED 8
Gender Sensitivity and ASH Orientation	11/29/2019	11/29/2019	8	Technical	CME-DHTM
					CME-DBM

Leveling Session on Basic GAD Concepts, GA, and GA Tools, and GAD Planning and Budgeting	8/28/2019	8/30/2019	24	Managerial, Supervisory, Technical	Philippine Commission on Women
Gender Sensitivity and ASH Orientation	8/13/2019	8/13/2019	8	Technical	VSU Isabel
Gender Sensitivity and ASH Orientation	1/9/2019	1/9/2019	8	Technical	CME-DBM
Seminar on the Proper Handling of Sexual Harassment in Campus	12/13/2018	10/14/2018	16	Managerial, Supervisory, Technical	VSU
Gender Sensitivity and ASH Seminar	12/10/2018	12/10/2018	8	Technical	VSU
Gender Sensitivity Seminar-Workshop	12/6/2018	12/6/2018	8	Technical	Tolosa VSU Alangalang
Asian Association of Agricultural Colleges and Universities (AAACU) Biennial Conference	10/16/2018	10/18/2018	24	Technical	AACCU
Forum on Campus-Based Gender-Related Issues	10/8/2018	10/8/2018	8	Managerial, Supervisory, Technical	CHED 8
GST for Administrative and Support Staff of VSU	09/11/2018	09/11/2018	8	Technical	VSU
10th National Conference of Womens and Gender Studies Association of the Philippines	8/22/2018	8/23/2018	16	Technical	Womens and Gender Studies Association of the Philippines
Forum on Social Capital as a Determinant of Civic Engagement: A Cross-Cultural Analysis	7/27/2018	7/27/2018	8	Technical	ISRDS
Gender Sensitivity Trainers Training for the Academe	7/9/18	7/10/2018	16	Technical	Visayas State University
Workshop in Integrating Gender in Research and Extension Programs	3/14/2018	3/14/2019	8	Managerial, Supervisory, Technical	Visayas State University
National Conference on GAD- "GAD in the Workplace: Promoting Gender, Equality, Working for Women's Empowerment	3/8/2018	3/9/2018	16	Technical	University of Eastern Philippines; CHED; Quest Training Center
Gender Mainstreaming and Monitoring System Orientation	2/27/2018	2/27/2019	8	Technical	Visayas State University; EVAGAD
Gender Sensitivity Training ++ for the VSU GFPS-TWG Members at Montebello Villa Hotel, Cebu City, Philippines	11/13/2017	11/15/2017	24	Managerial, Supervisory, Technical	Visayas State University
Project Operational Planning Workshop for the Formulation of the Tender Documents for the Leyte Ecological Industrial Zone Master Plan at ISRDS, VSU	10/24/2017	10/25/2017	16	Technical	LEIZ Project
Workshop in Preparation for Level 1AACCUP Accreditation	10/5/2017	10/6/2017	16	Technical	VSU
Gender Sensitivity Training and Anti- Sexual Harassment Orientation	9/15/2017	9/15/2017	8	Technical	Visayas State University - Tolosa Campus
Inclusive Local Development: What Role for Sustainable Energy and Industrial Policy Conference at ISRDS Training Room, VSU	8/10/2017	8/10/2017	8	Technical	FES
Conference on Strengthening LGU- Academe-Industry Partnerships	8/9/2017	8/9/2017	8	Technical	Visayas State University
Radio Program "Campus Talk" – Gender and Development Issues in VSU	3/7/2017	3/7/2017	4	Technical	Visayas State University

## Seminars/Lectures/Workshops served as Resource Person/Speaker





















## References

### **PROF. MARIA AURORA TERESITA W. TABADA**

Head, Gender Resource Center

Professor, Institute for Strategic Research and Development Studies

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