

LORRAINE CRISTY E. CENIZA

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Nationality: Filipino
Birthdate: February 6, 1992

Personal Profile

Proactive and committed to learning and acquiring information and skills. Passionate to giving something back to the community. Believes that the more we spend time with nature, the more it broadens our views. Has a great sense of integrity, therefore extremely trustworthy and well-organized.

Education

Juris Doctor (2020-Present)

Dr. V. Orestes Romualdez Educational Foundation, Inc., Tacloban City, Philippines

Master of Science in Tropical Ecology (2018-2020)

Major: Tropical Ecology

Thesis: "Ecological Assessment of Agarwood (*Aquilaria* sp.) on Leyte Island
Visayas State University, Baybay City, Leyte, Philippines

Bachelor of Science in Environmental Management (2012-2017)

Thesis: "Influence of Native Trees on Soil Fertility in the Rainforestation Site
in Mailhi, Baybay City, Leyte"

Visayas State University, Baybay City, Leyte, Philippines

Bachelor of Science in Entrepreneurship (2009-2011)

Eastern Visayas State University, Tanauan, Leyte, Philippines

Highschool - Graduated with Special Award

Seguinon National High School, Albueria, Leyte, Philippines (2004-2008)

Elementary – Graduated class 1st honor

Albueria North Central School, Albueria, Leyte, Philippines (1998-2004)

Work History

August 2021- January 2023

- Part- Time Instructor

Institute of Tropical Ecology and Environmental Management, Visayas State University, Philippines

Duties and Responsibilities

- Facilitate modular and/or conduct online classes as scheduled.
- Introduce various strategies to enhance the learnings of his/her students.
- Apply/conduct applicable modes of assessment of the learnings gained by his/her students from his/her classes' i.e. on-line examination (mid/final/long hours/quizzes), maintain class records, correct and return these assessment/test papers to students.
- Perform other tasks assigned by the Department Head and the College Dean to facilitate the effective delivery of teaching functions.
- Attends to student queries even outside class schedule.
- Submit grades and turn over class records to Department Head two weeks after the final examination.
- Pass clearance at the end of semester.

August 2021- June 2022

- Coordinator of Civic Welfare Training Services (CWTS), Office of the NSTP Director, Visayas State University, Baybay City, Leyte

June 2021- August 2021

- Science Research Assistant – VSU Waste Pollution Management

Institute of Tropical Ecology and Environmental Management, Visayas State University, Philippines

Duties and Responsibilities

- Gather scientific (and grey) literature of the research conducted in VSU and other areas that will be used to formulate the Safe Closure and Rehabilitation Plan of the VSU disposal facility.
- Provide assistance in identifying and describing the factors that need to be considered before, during and after the closure of the VSU open dumpsite.
- Facilitate the preparation of the closure plan for the VSU dumpsite.
- Assist the committee in securing the requirements prior to the VSU ECC Application.
- Perform other job-related duties and tasks as assigned by direct supervisor.

October 2018- December 2019 - **Science Research Assistant- Yolanda Rehabilitation & Recovery Program**
Institute of Tropical Ecology and
Environmental Management, Visayas State
University, Philippines

Duties and Responsibilities:

- Conducted Training Needs Assessment (TNA) and benchmark study of the project site affected by Super Typhoon Yolanda (Haiyan).
- Assisted facilitated and conducted training on Climate Change and Disaster Risk Reduction and Management to Local Government Unit (LGU) affected by Super Typhoon Yolanda (Haiyan).
- Assisted during planning, preparation and implementation of the Climate Change and Disaster Risk Reduction and Management project in 38 towns of Leyte and Samar.
- Facilitated establishment of new Rainforestation sites as an intervention on climate change vulnerable areas, specifically on LGU's affected by Super Typhoon Yolanda (Haiyan)
- Assisted activities in the Visayas State University Nursery.
- Gathered specific literature of researchers related to climate change, disaster risk reduction and rainforestation technology
- Developed written materials that will be used as reference materials during the training's events and;
- Prepare and submit monthly accomplishment report and annual report to the project management committee

October 2017- December 2017 -**Technical Assistant**
Community of Environmental and Natural
Resources Office Department of Environmental and
Natural Resources (CENRO)
Palo, Leyte, Philippines

Duties and Responsibilities;

- Assisted, facilitated and conducted trainings on Environmental Protection and Laws, Biodiversity-Friendly Enterprise and Livelihood Opportunities to all Associations/Organizations within the jurisdiction of the Department of Environmental and Natural Resources.
- Assisted the Protected Area and Wildlife Services Office on protecting the Mahagnao Volcano Natural Park, Burauen, Leyte.
- Educate the community of Mahagnao Volcano Natural Park on the importance of the environment.
- Facilitated and developed livelihood for the Associations/Organizations

- Prepare and submit monthly accomplishment report and annual report to the project management committee.

Personal Skills and Competences

- **Speaks fluent Tagalog and English.**
 - **Good intercultural communication skills.** I have experienced studying, working and learning with various nationalities like Japanese and Germans during my university years at The Institute of Tropical Ecology and Environmental Management mobility period.
 - **Trained with foreign volunteers** during “International Volunteers’ Training on Rainforestation.
 - **International volunteer training.** I was one of ten VSU students who passed the screening as a participant for the international training in the university. The Institute of Tropical Ecology and Environmental Management (ITEEM) together with the Institute of Environmental Rehabilitation and Conservation (ERECON) from Japan held an International Volunteer Training. This training primarily aims to expose the 10 Japanese trainees and 10 VSU students to the Philippine’s strategy in addressing the impact of global warming. Moreover, this training led to a better connection to international institution in preparation for our future.
 - **Good Communication skills.** I was able to interview different people from different locality during my study, volunteer work and thesis study. Through these interviews, I was able to understand the real essence of active listening and open-mindedness. Furthermore, I have learned to express my thoughts and emotions without compromising ethics, morals, and values.
 - **Good time Management skills.** In the beginning, balancing my time for studies and side job became a challenge. Finally, I was able to juggle school and earning money to finance my bachelor’s and master’s degree. I still juggle things and multi-task from time to time. But through experiences, I have learned to understand my goals and prioritize wisely.
 - **Explorer.** I was able to visit different islands in Leyte for research purposes. At the same time had the opportunity to see and appreciate the beauty of nature.
 - **Special Skills.** Certified Professional Association of Diving Instructors (PADI) Open Water Diver and Pollution Control Officer.
 - **Computer Skills and Competences.** Competent with Microsoft Office programmes and some experience with Quantum GIS and SPSS.
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Publications

Conservation and Ecological Threats of Agarwood (*Aquilaria* sp.) on Leyte Island, Philippines. International Journal of Environmental and Rural Development (IJERD). 2021. Volume 12-1.

Influence of Native Trees on Soil Fertility at a Rainforestation Site in Mailhi, Baybay City, Leyte, Philippines. International Journal of Environmental and Rural Development (IJERD). 2023. Volume 14-2.

International Award Received

Technical Award of
Environmental Agriculture January 1, 2023

Institute of Environmental
Rehabilitation and Conservation
(ERECN), Tokyo Japan

International Conference Attended

Participant/ Presenter	March 8-10, 2024	15 th International Conference on Environmental and Rural Development, Avani Hotel, Khon Kean, Thailand
Participant/ Presenter	March 3-5, 2023	14 th International Conference on Environmental and Rural Development, Angkor Paradise Hotel, Siem Reap, Cambodia
Participant/ Presenter	March 3-5, 2021	12 th International Conference on Environmental and Rural Development- Online

Trainings, Seminars & Workshops Attended

Participant/ Facilitator	June 7, 2024	Beyond Barracks: A Comprehensive Discussion on the Four Geneva Conventions in Modern Warfare, Don Vicente Function Hall, Rosvenil Hotel, Tacloban, City, Leyte
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Participant	June 22, 2022	Application of Virtual Reality to Agriculture, Land Use and Transportation Plans via Zoom, Visayas State University, Baybay City, Leyte
Participant	June 4-7, 2022	Training on PADI Open Water Diver, Marine Laboratory, Visayas State University, Baybay City, Leyte
Facilitator	May 17-19, 2022	Webinar Series conducted by the Institute of Tropical Ecology & Environmental Management in celebration of its 24 th Founding Anniversary, Visayas State University, Baybay City, Leyte
Participant	March 21-25, 2022	Online Basic Training Course for Pollution Control Officers, JP Environment Consultancy Services in collaboration with Department of Environment and Natural Resources, Environmental Management Bureau
Resource Person	October 16, 2021	Environmental Education and Laws CWTS Webinar Series, Visayas State University, Baybay City, Leyte
Resource Person/ Facilitator	December 17-20, 2019	Training on Climate Change and Community-Based Climate Resiliency and Disaster Risk Management, Barugo, Leyte
Resource Person/ Facilitator	December 10-12, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management Visayas State University, Baybay City, Leyte
Facilitator	December 5-7, 2019	Rainforestation Training for Biodiversity Conservation, Liptong Woodland, Bacong, Negros Oriental
Resource Person/ Facilitator	November 11-13, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Kawayan, Biliran

Resource Person/ Facilitator	November 8-10 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Almeria, Biliran
Resource Person/ Facilitator	November 5-7, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Culaba, Biliran
Resource Person/ Facilitator	October 11-13, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Biliran, Biliran
Resource Person/ Facilitator	October 7-8, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, San Isidro, Leyte
Resource Person/ Facilitator	September 26-28, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management Leyte, Leyte
Resource Person/ Facilitator	September 20-22, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Cabucgayan, Biliran
Resource Person/ Facilitator	August 23-25, 2019	Training on Climate Change and Community-Based Climate Resiliency and Disaster Risk Management, San Miguel, Leyte
Resource Person	August 17-19, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Brgy. New Taligue, Abuyog, Leyte
Resource Person/ Facilitator	August 14-16, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Abuyog, Leyte

Resource Person/ Facilitator	July 31-August 2, 2019	Training on Climate Change and Community-Based Climate Resiliency and Disaster Risk Management, San Miguel, Leyte
Resource Person/ Facilitator	July 10-12, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Villaba, Leyte
Resource Person	February 21-23, 2019	Training on Climate Change and Community-Based Ecosystem and Disaster Risk Management, Caibiran, Biliran
Participant	October 10-12, 2018	Rainforestation Training for Climate Resilient Recovery Environmental Leadership Training Initiative (ELTI) Visayas State University, Guiuan, Eastern Samar
Resource Person	December 14-15, 2017	Community Eco-Tour Guides Training: Basic Course Outline on Eco-Tour Guiding with the topic of Introduction to the Tourism Industry and Tour Guiding Sector, MRWDA Multipurpose Hall, Brgy. Mahagnao, Burauen, Leyte
Participant	October 27, 2017	Orientation Seminar on Environment and Natural Resource (ENR) Laws on Protected Area, Brgy. Mahagnao, Burauen, Leyte
Participant	May 10, 2017	Job-Seeking Seminar College of Forestry and Environmental Science, Visayas State University, VISCA, Baybay City, Leyte, Philippines
Participant	November 7, 2016	A Program on Applied Ecology: The Sinharaja, Sri Lanka Experience by Dr. Mark Ashton of Yale University, U.S.A and Sustainable Horticulture Using Leaf Litter at the Singapore Botanic Gardens-An Arboriculture Perspective by Mr. Elango Velautham of Singapore Botanic

Gardens, RDE Hall, OVPRE,
Visayas State University, Baybay
City, Leyte, Philippines

Participant	March 23-29, 2016	International Volunteer's Training on Rainforestation, Visayas State University, Baybay City, Leyte, Philippines
Participant	February 16-20, 2016	The Advocacy Orientation Seminar on Organic Agriculture for the Youth during the 2nd National Organic Agriculture Scientific Conference by Organic Agriculture Society of the Philippines, Inc. (OASP) and Visayas State University, VISCA, Baybay City, Leyte, Philippines
Participant	December 10, 2015	Seminar-Writeshop on Proposal Writing and Scientific Articles for Publication by Research Development and Extension Coordination of the College of Forestry and Science, Visayas State University, VISCA, Baybay City, Leyte
Participant	September 23, 2015	Production and Novel Uses of Bamboo presented by Mr. Rey Ernesto Millan and Mr. Burkhard Kiehne, College of Forestry, Visayas State University, VISCA, Baybay City, Leyte
Participant	September 5, 2010	EVSU-SSG Leadership Training Seminar and Workshop 2010 with the Theme: "Advancing Skills in Leadership Challenges and Inspiring Others to Make a Difference", Eastern Visayas State University, Tacloban City, Leyte

References

Dr. Eliza D. Espinosa

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