



# IRISH NECIO CATACUTAN

LICENSED PROFESSIONAL TEACHER

## About Me

Date of Birth: April 1, 1998  
Age: 25 years old  
Citizenship: Filipino  
Religion: Roman Catholic  
Status: Single  
Weight: 69 kg  
Height: 164 cm  
Name of Father: Bernie T. Catacutan  
Name of Mother: Angelina N. Catacutan



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Brgy. Cogon, Baybay City, Leyte

## Languages

- English
- Filipino
- Bisaya

## Expertise

- Teaching Strategies
- Management Skills
- Creativity
- Digital Literacy
- Dance Choreographer
- Critical Thinker
- Leadership

## PROFESSIONAL OBJECTIVE

### IMMEDIATE OBJECTIVE:

- To teach local and foreign students under the supervision of Department of Education or Commission on Higher Education

### LONG-TERM OBJECTIVE

- To obtain Master's Degree in Physical Education and a Doctor of Philosophy.
- To broaden my experience, knowledge and skills as a professional teacher and impart it to the students passionately.

## PROFESSIONAL EXPERIENCE

### VISAYAS STATE UNIVERSITY

Part-time SHS and College Instructor

August 1, 2019 to June 17, 2023

- Established diverse teaching methodologies for different learning styles of the learners.
- Applied various learning strategies for effective and meaningful learning.
- Actively participated and facilitated in every university activity especially the SCUAA-8 and Intramural Games of the university

### TINAGO NATIONAL HIGH SCHOOL

Practice Teacher

September 4, 2017 to November 16, 2017

- Prepared collaborative lesson plans and provided artistic instructional materials for the lesson.
- Actively participated and facilitated in every school activity especially the Intramural Game of the school.
- Managed and choreographed the back-up dancers and candidates for the Mr. and Ms. Intramurals 2017.
- Involved in the community programs (tree planting and coastal clean-up) to move for a changed and to show love and care to our mother earth.

## EDUCATIONAL EXPERIENCE

### MASTER'S DEGREE

**Master of Education, major in Physical Education and minor in English**

Visayas State University

June 2020- July 2023

### VOCATIONAL/ TRADE COURSE

**Food and Beverage Services**

Palermo Hotel Institute of Tourism and Hospitality, Inc.

February 2019

### BACHELOR'S DEGREE

**Bachelor of Secondary Education major in Music, Arts, Physical Education and Health**

Visayas State University

June 2018

### SECONDARY LEVEL

**Baybay National High School**

April 2013

### ELEMENTARY LEVEL

**Baybay North Central School**

April 2019

## AFFILIATIONS

- **Sangguniang Kabataan Federation- Secretary**  
Baybay City Chapter  
2018-2023
- **Sangguniang Kabataan Federation- Chairperson, Committee on Culture, Arts, Education and Tourism**  
Baybay City Chapter  
2018-2023
- **Barangay Cogon- Sangguniang Kabataan Chairperson**  
Baybay City, Leyte  
2018- Present
- **Barangay Cogon- Chairperson, Committee on Sports and Youth Development**  
Barangay Cogon, Baybay City, Leyte  
2018-2023
- **Barangay Cogon- Vice Chairperson, Committee on Education**  
Barangay Cogon, Baybay City, Leyte  
2018-2023

- **Barangay Cogon- Member, Committee on Health and Sanitation**  
Barangay Cogon, Baybay City, Leyte  
2018-2023
- **Institute of Human Kinetics- Secretary**  
Visayas State University  
VSU- SY: 2019-2020
- **Baybay Youth Leaders Council- P.I.O.**  
Baybay City, Leyte  
2017-2018
- **MAPEH Club- Secretary**  
VSU- SY: 2016-2017
- **MAPEH Club Auditor**  
VSU- SY: 2015-2016
- **MAPEH Club Member**  
VSU- SY: 2014-2018
- **College of Education-SSC Member**  
VSU- SY: 2014-2018
- **University Supreme Student Council Member**  
VSU- SY: 2014-2018

## SEMINARS AND TRAININGS ATTENDED

### INTERNATIONAL

- **Water and Climate Youth Development Plan and Agenda and the Oriental Declaration**  
**27th UN Climate Change Conference**  
Regional Conference of Youth- Asia and the Pacific  
August 9-13, 2022

### NATIONAL

- **Formulation of the Local Youth Development Plan and Comprehensive Barangay Youth Development Plan**  
Manila, Philippines  
October 15-17, 2023
- **Local Conference of Youth Philippines 2023**  
Manila, Philippines  
October 12-14, 2023

- **Youth Innovations Hub Capacity Building**  
Manila, Philippines  
April 14-16, 2023
- **Sangguniang Kabataan ONE VISAYAS Summit**  
Boracay Island, Malay, Aklan  
October 24-26, 2022
- **Sangguniang Kabataan National Summit**  
Baguio Convention Center  
April 7-9, 2022
- **2022 National LIGA Constitution and By Laws**  
Waterfront Hotel & Convention Center, Lahug, Cebu City  
March 20-22, 2022

#### **REGIONAL AND LOCAL**

- **FAD Diets Webinar**  
Visayas State University  
Visca, Baybay City, Leyte  
May 31, 2023
- **KAALAM: Pedagogy and challenges of Teaching Physical Education in the Next Normal**  
Institute of Human Kinetics  
Visca, Baybay City, Leyte  
March 17, 2023
- **KAALAM: Creative Forms and Narratives in the Contemporary**  
Institute of Human Kinetics  
Visca, Baybay City, Leyte  
March 9, 2023
- **KAALAM SA HINABING BANIG: Ecology Traditions, Transformations and Diaspora Seminar-Workshop**  
Institute of Human Kinetics  
Visca, Baybay City, Leyte  
February 23, 2023
- **Co-chairperson- Biggest Loser Competition 3.0**  
Visayas State University  
Visca, Baybay City, Leyte  
May- July 2023
- **Assistant Coach- VSU Swimming Men Varsity**  
Visayas State University  
Visca, Baybay City, Leyte

- Website Development of Digital Resource Hub and Training Toolkit Production Workshop with Online Learning of Digital Skills for Standard Accounting and Records**  
 Binaybayon Convention Center, Baybay City  
 March 30-31, 2023
- Langoy sa Kaluwasan Extension Program- Facilitator (First- Aid component)**  
 Brgy. Pangasugan, Baybay City  
 May 27-28, 2022
- Langoy sa Kaluwasan Extension Program- Resource Person (Lifesaving and water rescue)**  
 Brgy. Pangasugan, Baybay City  
 March 6, 2022
- Langoy sa Kaluwasan Extension Program- Resource Person (Learn-to-swim component)**  
 Brgy. Pangasugan, Baybay City  
 Oct. 23, Nov. 6, Nov.20, Nov. 27 and Dec. 11, 2021
- Art Apprenticeship Webinar Series: Publishing Industry Local Library Museum and Art Galleries**  
 Institute of Human Kinetics  
 Visca, Baybay City, Leyte  
 September 23-24, 2021
- Trainers Training Course in Swimming and Life-Saving**  
 Beach Garden, Visayas State University  
 May 24-28, 2021
- Online Training on the Handbook on the Financial Transactions of the Sangguniang Kabataan (HFTSK)**  
 Baybay City  
 November 25-26,29 & Dec. 1-3, 2021
- CHED Regional Padyak Caravan in Eastern Visayas**  
 Visayas State University- Eastern Visayas State University  
 December 4, 2021
- Sikad, Abante VSU- Fun Ride- Technical Committee**  
 Visayas State University  
 May 28, 2021
- Workshop on Crafting the Syllabi for the New BCAEd Courses**  
 Visayas State University  
 October 8, 2020
- Outcomes-Based Teaching and Learning Syllabus Workshop**  
 Visayas State University  
 January 31, 2020

- **International Youth Day and Linggo ng Kabataan**  
Baybay City  
August 12, 2019
- **Phase II of the Filipino Patriot Scholars Project: Inclusive Community Engagement Project on Disaster Risk Reduction and Management**  
RDE Hall, VSU, Baybay City  
July 25-27, 2019
- **Sports Clinic in Athletic Officiating**  
Visayas State University  
December 1-2, 2017
- **Resource Person- PrEd 199 Undergraduate Seminar**  
Visayas State University  
May 12-13, 2018
- **MAPEH Student Teachers Symposium**  
Visayas State University  
April 20, 2018
- **33rd Regional SCUAA Working Committee**  
Visayas State University  
December 9-14, 2017
- **Choreographer and Organizer- Mr. and Ms. Intramurals 2017**  
Tinago National High School  
Brgy. Tinago, Inopacan, Leyte  
November 9, 2017
- **Working Committee- TNHS Intramural Games 2017**  
Tinago National High School  
Brgy. Tinago, Inopacan, Leyte  
November 9, 2017
- **Orientation Seminar for Student Teaching**  
Visayas State University  
August 14-18, 2017
- **Officiating Official- 93rd VSU Anniversary**  
Visayas State University  
August 5, 2017
- **Tri-Provincial Youth Summit**  
Ormoc City, Leyte  
July 6-9, 2017
- **Strengthening HIV/AIDS Knowledge and Awareness**  
Visca, Baybay City, Leyte  
April 25, 2017

- **Officiating Official-Open Modified Team Triathlon Competition**  
Visayas State University  
April 8, 2017
- **Sports Clinic in Athletic Officiating**  
Visayas State University  
September 9, 2016
- **Technical Support- Fun Run**  
Visayas State University  
September 9, 2016
- **Sports Clinic in Finswimming**  
Visayas State University  
August 6, 2016
- **31st Regional SCUAA Games- Technical Committee**  
Visayas State University  
October 25-30, 2015
- **First Echo Foldance workshop**  
Visayas State University  
July 3-5, 2015
- **National Service Training Program**  
Civic Welfare Training Service  
Visayas State University  
SY: 2014-2015

## HONORS, AWARDS AND RECOGNITIONS

- **Outstanding Sangguniang Kabataan of Baybay City 2023**  
Baybay City, Leyte  
September 10, 2023
- **Top 21- Piña Festival Doll 2023 (Nationwide)**  
Ormoc City, Leyte  
June 27, 2023
- **SK Cogon- Top 10 Youth Organization Seed Grantee**  
Manila, Philippines  
April 15, 2023
- **Champion- Sayaw Hataw Competition 2023**  
Visayas State University  
March 16, 2023

- **3rd Place- Piña Festival Doll 2022 (Nationwide)**  
Ormoc City, Leyte  
June 27, 2022
- **Outstanding Sangguniang Kabataan of Baybay City 2021**  
Baybay City, Leyte  
August 12, 2021
- **Youth in Agriculture- Top 5**  
Baybay City, Leyte  
August 12, 2021
- **Nominee- Student Teaching Proficiency**  
1st Semester SY: 2017-2018  
Visayas State University  
June 13, 2018
- **College Honor**  
1st and 2nd Semester SY: 2017-2018  
Visayas State University  
May 9, 2018
- **Best Choreographer- Mugna sa MAPEH 2017 (Ten Commandments)- Exorcism of Aaron Scene**  
May 6, 2017
- **Best Dance Choreography- Mugna sa MAPEH 2017 (Ten Commandments)- The Forbidden Well**  
May 6, 2017
- **Student Teaching Completion**  
1st Semester SY: 2017-2018  
Visayas State University  
August 22- Nov. 16, 2017
- **College of Education Folk dancer and Choreographer 2017- 3rd Place**  
Visayas State University
- **College of Engineering- Centaurs Mass Dance Choreographer 2017- 3rd Place**  
Visayas State University
- **College of Education Poster-making Contest- Champion**  
Visayas State University  
October 14, 2016
- **Principles and Methods of Teaching II- Best Reporter**  
Visayas State University  
March 13, 2016



- **Ritual Showdown- VSU Rootcrops Festival Dancer 2015- College of Education- 2nd Place**

Visayas State University

- **Street Dance- VSU Rootcrops Festival Dancer 2015- College of Education- 1st Place**

Visayas State University

- **College of Education Mass Dancer 2014- Champion**

Visayas State University

- **TugSayAwit Contest- Dancer and Choreographer 2013- Champion**

Baybay National High School

- **Science Month Jingle Contest- Dancer and Choreographer 2013- Champion**

Baybay National High School

- **Flaming Phoenix Mass Dance Choreographer 2013- 3rd Place**

Baybay National High School

- **Principal's List SY: 2012-2013**

Baybay National High School

## REFERENCES

### **MR. DENNIS JOEL L. CERNA**

College Instructor, Institute of Human Kinetics  
Visayas State University  
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### **HON. MARK MICHAEL O. UNLU-CAY**

Former SP Ex-Officio Member on  
Youth Development and SK Affairs  
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