



## TABLE OF SPECIFICATIONS

ScSc 11n Understanding the Self

1<sup>st</sup> Semester AY 2021-2022

Examination: \_\_\_ Midterm \_\_\_ / Final

Date of Examination: December 13-17, 2021

Content	No. of Meetings	Course Outcome/ Learning Outcome (CO/LO)	%	Taxonomy of Objectives						Total Items
				Remembering	Understanding	Applying	Analyzing	Evaluating	Creating	
				0%	0%	0%	0%	0%	100%	
<b>Module 1: The Self From Various Perspectives</b>	6	CO1: Discuss the different perspectives; compare and contrast how the self has been represented across the different disciplines and perspectives; examine the different influences, factors, and forces that shape the self; demonstrate critical and reflective thought in analyzing the development of one's self and identity by developing a theory of the self.	10	5	5	0	0	0	0	<b>5</b>
A. L 1.1: Philosophical Perspective										
B. L 1.2: Sociological Perspective	2		5	2.5	2.5	0	0	0	0	<b>2.5</b>
C. L 1.3: Anthropological Perspective	2		5	2.5	2.5	0	0	0	0	<b>2.5</b>
D. L 1.4: Psychological Perspective	2		10	5	5	0	0	0	0	<b>5</b>
<b>Module 2: Unpacking the Self</b>	2	CO2: Explore the different aspects of self and identity; demonstrate critical, reflective thought in integrating the various aspects of self and identity; identify the different strengths and weaknesses that impact the development of various aspects of self and identity; examine one's self against the different aspects of self that is discussed in class.	6.66	0	2	1	1.3 4	1.3 4	1	<b>7</b>
E. L 2.1: The Physical Self										
F. L 2.2: The Sexual Self	2		6.66	0	2	1	1.3 3	1.3 3	1	<b>7</b>
G. L 2.3: The Economic Self	2		6.66	0	2	1	1.3 3	1.3 3	1	<b>6</b>
H. L 2.4: The Spiritual Self	2		6.66	0	2	1	1.3 3	1.3 3	1	<b>7</b>
I. L 2.5: The Political Self	2		6.66	0	2	1	1.3 3	1.3 3	1	<b>7</b>
J. L 2.6: The Digital Self	2		6.66	0	2	1	1.3 3	1.3 3	1	<b>6</b>

<b>Module 3: Managing and Caring for the Self</b> K. L 3.1: Learning to be a Better Student	2	CO3: Understand the theoretical underpinnings of how to manage and care for different aspects of the self; acquire and hone new skills and learnings for better	10	2	3	2	1	1	1	10
L. L 3.2: Setting Goals for Success	2	managing of one's self and behaviors; and apply these new skills to one's	10	2	3	2	1	1	1	10
M. L 3.3: Taking Charge of One's Health	2	self and functioning for a better quality of life.	10	2	3	2	1	1	1	10
<b>Total</b>	<b>30</b>		<b>100%</b>	<b>21</b>	<b>36</b>	<b>12</b>	<b>11</b>	<b>11</b>	<b>9</b>	<b>100</b>
<b>Item Arrangement</b>									<b>Test</b> A.I. 1 B.I. 2 C.I. 3 D.I. 4 E.I. 5 F.I. 6 G.I. 7 H.I. 8 I.I. 9 J.I. 10 K.I. 11 L.I. 12 M.I. 13	

**Type/s of Test:**

Test I: Objective

Test II-III: Essay

Prepared by:	Name of Course Instructor /Professor	Signature	Date Signed
	Flora Mae Angtud-Galenzoga		

**Department Instructional Materials Review Committee:**

Committee	Name	Signature	Date Signed
Member:	AL FRANJON VILLAROYA		
Member:	BETHLEHEM A. PONCE, Ph.D.		
Chairperson/ Department Head:	JETT C. QUEBEC, Ph.D.		

	Name	Signature	Date Signed
<b>Verified by:</b>	MA. THERESA P. LORETO, Ph.D. College Dean		
<b>Validated by:</b>	NANCY D. ABUNDA, Ph.D. Head, IMD		

*Note: A copy of the test paper with answer key shall be attached to the TOS for review of the DIMRC. After approval the test paper will be returned to the concerned faculty and will not be attached to the TOS when submitted to the College Dean and OHIMD.*

(3) Distribution of copies: OHIMD, Department, Faculty,