



INSTITUTE OF HUMAN KINETICS
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May 12, 2022

DR. EDGARDO E. TULIN President Visayas State University Visca, Baybay City, Leyte

Thru:

DR. BEATRIZ S. BELONIAS VP for Academic Affairs

Dear President Tulin:

Greetings of peace and solidarity!

The Institute of Human Kinetics has been active in promoting health, sports, recreational activities, fitness programs, and community outreach activities to the VSU employees, students, alumni, and other stakeholders apart from its function as an Academic department. In 2022, IHK launched its extension project "Langoy sa Kaluwasan"- Life-Saving and Water Rescue in two barangays in Baybay City, Leyte. The Institute also organized many activities during its Anniversary Celebration, like the "Kabataan: Paduwaon og Lingawon" initiative for the victims of the TY Odette and conducted a sports relief activity for the victims of TS Agaton. The Institute also facilitated the VSU virtual and face-to-face charity runs. Thus, IHK faculty and staff have been busy performing their extracurricular assignments and teaching/administrative obligations since 2022.

With this, I would like to request that your generous and kind office allow us to conduct and participate in team-building activities on May 20-21, 2022, at Digyo Island, Inopacan, Leyte. If allowed, it will be the first team-building activity of IHK since the onset of the pandemic. The team-building activities are essential to building a good working relationship among the faculty and staff. It is also to promote health and wellness activities among employees. Additionally, one of our staff will be retiring by May 23, 2022. The team-building activity will also be a tribute to Ms. Aracelli Managbanag for her almost 40 years of service at IHK.

Attached herewith is the travel itinerary for your reference.

I am hoping for your positive response to this request.

Thank you, and more power for better service.

Carpe diem amidst the pandemic

Truly yours.

CHARIS B. LIMBO

Director, IHK



Vision: Mission: A globally competitive university for science, technology, and environmental conservation. Development of a highly competitive human resource, cutting-edge scientific knowledge and innovative technologies for sustainable communities and environment.